

Currents

OCTOBER 2024

HALLOWEEN HAUNTS AT WELL-SPRING

Halloween is coming!

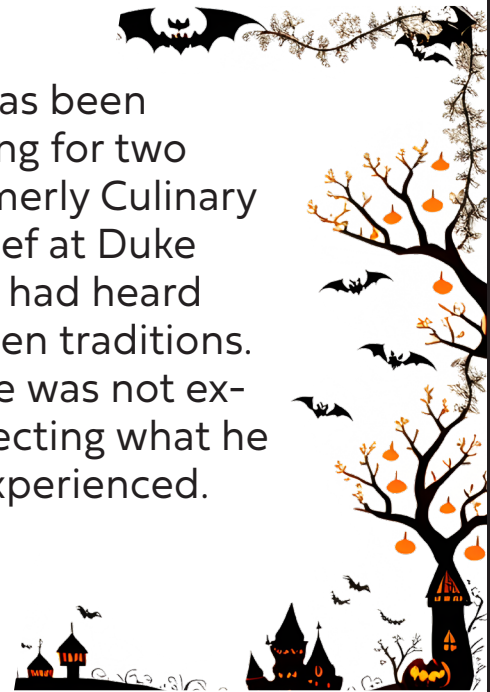
Haunts, tricks 'n treats, and spooky decorations will adorn the walls and halls at Well-Spring on Thursday, October 31st. Anticipation is building for the festivities that will take place from 5:00 PM to 7:00 PM at the Bauman Bistro. "Wait until you see Halloween!" exclaims Todd Dumke, Director of Dining Services.

Dumke, who has been with Well-Spring for two years, was formerly Culinary Operations Chef at Duke University and had heard of the Halloween traditions.

He was not expecting what he experienced.



-continued on page 2



-continued from page 1

Todd plans a menu with his team. His third year planning the menu brings him so much joy. The combination of the theatre staff, who contribute all of the necessary decorations, makes the evening come alive.

"Our residents become kids again for a hauntingly fun evening," Lenore Teer states. "They want to have the most extravagant costumes, and they love trying to figure out if they recognize their neighbors. That is how amazing the costumes are!"

"Devil is in the details," quips Dumke. "We just want the best of the best for our residents and staff to feel like they can be in their youth...there is no competition, and we provide the best culinary experience."

You won't want to miss the details of the culinary staff this Halloween night. You'll be surprised when you visit each food location, as you mingle across the room. Less tricks, more treats. After all, that is why we all love HALLOWEEN!



THE DISH ON DINING

Happy Fall! On October 7 we are rolling out new fall and winter menus. Apples, winter squash, sweet potatoes, root vegetables will all be found on the menu, but alas, no pumpkin spice; you'll have to go to Starbucks for that. We will be labeling vegetables as "southern style" to let everyone know those items will be cooked longer. I have received a lot of feedback asking for simpler vegetables as well. We've added more steamed vegetables without butter, garlic or oil. Ultimately, we would like to have a plain vegetable and at least 1 composed vegetable dish available daily for you.



OCTOBER 6 - 12: HEALTH CARE FOOD SERVICE WORKERS WEEK

In 1985, an early group that is now part of the Association of Healthcare Foodservice initiated the observance. Then in 1989, Congress officially recognized the celebration. Healthcare Foodservice Workers Week is a time to recognize the hard work and dedication of healthcare foodservice professionals.

The dining department will be celebrating this week with a catered staff lunch and raffle to recognize all their hard work.

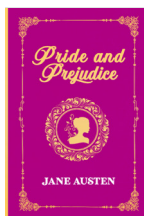
Don't forget these dates:

October 31 - Halloween Spooktacular

November 28 - Thanksgiving

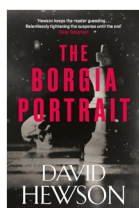
Bon Appetit! Todd Dumke/ Director of Dining Services

LIBRARY *News* by Nancy Balderacchi, Library Committee Member



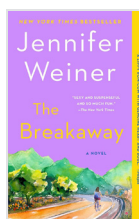
PRIDE AND PREJUDICE by Jane Austen. Most of Jane Austen’s novels such as *Pride and Prejudice* are a study of marriage as a social and financial necessity. This novel is written as an act of self-definition told from a female perspective. This novel also explores the trials and attributes of both pride and/or prejudice as shown by Elizabeth Bennet and Mr. Darcy.

AFTER ANNIE by Anna Quindlen. This is a remarkable story about a family who suddenly loses the mother who has been the mainstay and strength of the family. However, the children—girls and boys—grow up quickly, always mindful of the strength and caring of their mother. They find hope even with the unexpected power of loss.



THE BORGIA PORTRAIT by David Hewson (Mystery). Arnold Clover is summoned by Lizzie Hawker to hunt for the family inheritance in Venice, Italy. Little does Arnold know about the adventure ahead. Lizzie’s mother, an Italian countess, disappeared thirty years ago. The old family palazzo was left to Lizzie as well as a priceless painting. Certain wealthy art collectors are quite interested in finding the lost painting as well. This search may have a deadly consequence.

MASKED PREY by John Sanford (Mystery). Lucas Davenport, an investigator, is to use his services to watch out for certain U.S. senators’ children. This problem arose after the children had pictures taken outside of their schools and identified by name. This scare stemmed from certain radical political vibes. No crimes committed but the questionable photographer is not found. Can Lucas find the culprit?



THE BREAKAWAY by Jennifer Weiner. This novel is an empowering story about family, love, friendship, and secrets. Some secrets involve weight-loss problems and are perpetually brought up by family and parents who do more harm than good sometimes. The main character, Abby, is able to find solace through exercise and bicycle riding. This in turn led to Abby starting to lead a bicycle group and found many lasting friendships.

DID YOU KNOW...?

Did you know that you can contribute funds for the Library to purchase books? We would be most appreciative! Just write a check, note “Library” on the memo line, and send it to Alan Tutterow. You will be recognized on the “Memorial, Honor & Other Gifts to Well•Spring” pages in Currents.

*REMINDER: Please do NOT remove books from the Library unless you have CHECKED THEM OUT!

AQUATIC AND FITNESS CENTER

The International Council on Aging started **Active Aging Week** to promote the positivity of living a full and productive life as we age in all areas – physical, social, spiritual, emotional, intellectual, vocational, and environmental. Active Aging week is Monday, September 30 – Friday, October 4. AFC adventures are listed for this week and beyond:

Monday, September 30 – **Crop Walk** starts at 1:30 p.m. at the Main Entrance. Please place non-perishable food in the Urban Ministry boxes around campus.

Tuesday, October 1 – Join us for a short film on aging to 100 years and beyond at 2:00 p.m. in Florence Phillips Hall.

Wednesday, October 2 – Invite a friend to class and enjoy a snack afterwards. All day in the AFC.

Thursday, October 3 – **Bryan Park Golf Outing** will depart from the Main Entrance at 8:30 a.m. for a morning on the Player's Course. Please register on the resident portal.

Thursday, October 3 – Enjoy a **Campus Tour with LeGrande Iseley**, who will share his expertise of horticulture. Starting at the AFC at 1:00 p.m.



Friday, October 4 – Sunday, October 6 – **Harvest Hike Weekend** in Blowing Rock. We will depart the Main Entrance at 9:00 a.m. for a weekend of shopping, hiking, and visit to Grandfather Winery.

Let's Learn the Game of Cornhole! Starting **October 7**, every Monday, Cornhole will be set up outside the AFC for everyone to come play and enjoy. We will start at 2:00 p.m.

We invite you to our **Harvest Moon Dance** on **Saturday, October 12**. Leigh Hamilton will kick off our gathering at 7:00 p.m. in the Rotunda with some line dance moves. The last part of the evening will be dedicated to playing your song selections. Please place your song request in the marked box in the dining room lobby.

The Community 8-Week Walk is starting week four. Please continue to turn in your totals each week. Let's finish strong!



- Keep Moving, Robin

Robin McCloskey
rmccloskey@well-spring.org / 336-545-5469

ACTIVITIES AND EVENTS

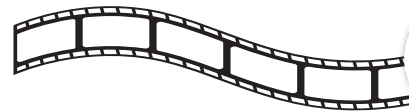
S'AGING

Friday, October 4, 3:00 PM - Florence Phillips Hall

S'Aging will switch gears this month to focus on your security - come join us for "Financial Scams Targeting Seniors". Well-Spring's Chief Technology Officer, Scott Hinshaw, will discuss why scammers target seniors, the top 5 scams for seniors, what to do if you think you've been scammed and tips to avoid online scams.



It's CINEMA Time MONDAY NIGHT AT THE MOVIES Monday evenings in October, 7:30 PM

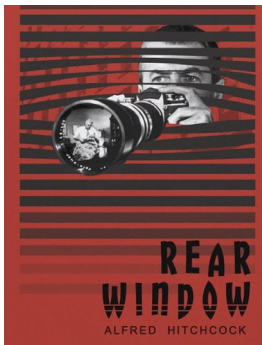


The VIRGINIA
SOMERVILLE
SUTTON
THEATRE
WellSpring

Sir Alfred Joseph Hitchcock KBE was an English film director. He is widely regarded as one of the most influential figures in the history of cinema. In a career spanning six decades, he directed over 50 feature films, many of which are still widely watched and studied today. Join us for these classics! Complimentary popcorn and soda will be provided.

October 7

Rear Window



October 14

Dial M for Murder



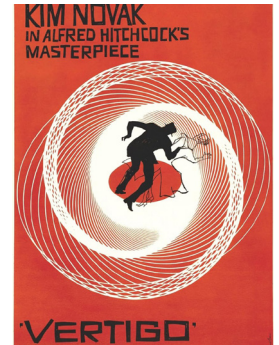
October 21

To Catch a Thief



October 28

Vertigo



WELL-SPRING PLAYERS PRESENTS: SENIORS ACTING UP

Tuesday, October 8, 7:30 PM - Virginia Somerville Sutton Theatre

What do a podiatrist's office, a bank robbery, and an expensive promise all have in common? Not a thing! But the topics are each represented in one of our upcoming 4 short plays *Seniors Acting Up* to be presented by the Well-Spring Players. Don't miss a chance to witness 13 of your fellow residents engaged in some really ridiculous situations all for the fun of bringing their stories to life. Join us for a rollicking evening of chuckles and good fellowship. Our own Moses Goldberg will be directing the performance.



ACTIVITIES AND EVENTS

MEMORY FITNESS

Wednesdays and Fridays: beginning October 9, 12:30 - 1:15 PM - Art Studio 1

This program focuses on the four brain healthy lifestyle strategies found to lower risk for dementia. This program is for adults aging normally or with mild cognitive impairment.



\$20 fee includes the twelve sessions, *Two Weeks to a Younger Brain* book and workbook handouts.

Pre-registration is required. Contact Jodi at jkolada@well-spring.org or 336-545-4245. Please call Kathy Venable at 336-545-5352 to arrange payment.

November Dates: 1, 6, 8, 13, 15

BE THE SOLUTION

Tuesday, October 15, 5:30 PM - Memory Care Center

Well-Spring Solutions' 23rd annual "Be the Solution" Fundraiser will be held at our Memory Care Center (2701 Henry Street, Greensboro, NC 27405). Our Honorary Co-Chairs this year are Gary & Ellen Taft, Barbara James, and Judy West-Hinshaw.

We'll enjoy gathering outdoors under a tent, have wonderful jazz music, a short program, art for sale made by our members, and tours of our Memory Care Center. Wine & heavy hors d'oeuvres will be provided. Please join us to learn more about Well-Spring Solutions' programs and to celebrate 40 years since the Adult Center for Enrichment's founding!

Please RSVP to Alyssa Oppewal Geary at 336-545-5441 or aoppewal@well-spring.org by October 7.

Transportation will also be provided and is available for sign up on the portal. Departure time is 5:00 p.m. and return time is 7:00 p.m.



SPOOKY BAROQUE

Thursday, October 24, 3:30 PM - Southern Oak Bar

Please join us for bats, beasts, and broomsticks, a baroque "All Hallow's Eve" concert! Enjoy live baroque music paired with ghoulish poetry read by Moses Goldberg. This evening will feature Janelle Davis (violin), Steve Hilton (harpsichord), and Sung Lee (oboe).



GREENSBORO CHORAL SOCIETY

Saturday, November 2, 7:30 PM - Virginia Somerville Sutton Theatre

Creative Greensboro presents the musical gems for chorus and strings by the Greensboro Choral Society.

- *Magnificat in B-flat* by Francesco Durante - Francesco Durante, an Italian composer of the Baroque era, left a significant mark on the musical landscape of his time. His *Magnificat in B-flat*, although sometimes attributed to Giovanni Pergolesi, showcases Durante's mastery of polyphony and expressive vocal writing. Nothing short of a choral masterpiece.
- *Little Organ Mass* by Joseph Hayden - Hayden, referred to as the "Father of the Symphony" and the "Father of the String Quartet," also made significant contributions to sacred music. With its joyful spirit and concise structure, *Little Organ Mass* continues to captivate audiences with its timeless beauty and spiritual depth.

This event will also highlight *Geistliches Lied* by Johannes Brahms, and *Five Mystical Songs* by Ralph Williams. No registration is required.

THE SHOPPE

Don't forget Well-Spring's best kept secret is right here - The SHOPPE. Besides those necessities of life - toilet paper, stamps, etc. The SHOPPE carries greeting cards in all price ranges for all occasions, gifts for adults and children, fashionable apparel and accessories, and seasonal merchandise at the best prices you'll find anywhere.

Grandma's Jewelry Sale: November 11 - 15

The SHOPPE needs your once beloved, but now seldom worn, costume jewelry, now! It's time to edit your jewelry box, and donate any and all gently worn jewelry for GRANDMA'S JEWELRY SALE. Jewelry may be left in the SHOPPE during open hours or with Wendy Korb, chair of this year's sale. Profits from the sale are returned to the Well-Spring community through special projects and funds supporting team members.



THE SHOPPE is open Monday-Friday: 10:30 AM - 1:30 PM; Thursdays: 10:30 AM - 3:30 PM.

UNC CLEF HANGERS

Saturday, November 23, 7:30 PM - Virginia Somerville Sutton Theatre

In the Fall of 1977, a group of Chapel Hill students joined together to sing in close harmony around campus. Four decades later, Carolina's oldest a cappella group maintains the same mission on an international scale.

Since their first tour to New Orleans, Louisiana in 1980, the Clefs have performed for audiences in Iceland, Sweden, Spain, France, Scotland, Greece, Italy, Los Angeles, Washington, D.C., New York, Boston, Philadelphia and numerous other locations. The group has enjoyed multiple notable performances, such as the White House Holiday Party for President Obama, The Dean Smith Memorial Service, and a personal performance for the President of Iceland.





WELL • SPRING EVENTS PRESENTS

On Stage

UPCOMING EVENTS 2024



OCTOBER

8	7:30 PM		Well-Spring Players Performance : <i>Seniors Acting Up</i>
15	3:30 PM		Well-Spring, Meet Well-Spring!
16	4:00 PM		Greensboro Bound Author Talk: Anne Byrn
17	7:30 PM		Shaun Johnson Big Band Experience
24-26	7:30 PM		<i>Seussical the Musical!</i> ; Caldwell Academy
26	2:00 PM		<i>Seussical the Musical!</i> ; Caldwell Academy

NOVEMBER

2	7:30 PM		Greensboro Choral Society Performance
8	10:00 AM		Masterclass with Jodi Benson
9	7:30 PM		Broadway to Greensboro: Jodi Benson
11	11:00 AM		Veteran's Day Celebration
15	7:30 PM		Greensboro College Musical Review
16	2:00 PM		Triad A Capella Connection Chorus
21	2:30 PM		Remembrance Service
23	7:30 PM		UNC Clef Hangers
28	2:00 PM		Cinema: <i>Seven Brides for Seven Brothers</i>

DECEMBER

5	7:30 PM		The Norm Lewis Christmas Show
8	2:00 PM		Greensboro Flute Choir
9	7:30 PM		Celtic Angels Christmas Show
11	3:30 PM		Ringers & Singers Concert
12	7:30 PM		An Evening of Comedy with Cathy Ladman
14	7:30 PM		Magic of Jason Hudy

* SCHEDULE IS SUBJECT TO CHANGE



Resident Event



Open to the Public
[Ticketmetriad.com](https://ticketmetriad.com) or
caldwellacademy.seatyourself.biz



Open to the Public
 TICKET NOT REQUIRED



THEATRE

“WELL-SPRING, MEET WELL-SPRING!”

Tuesday, October 15, 3:30 PM

Join host Mike Clark as he presents fascinating Well-Spring residents and team members. This month’s program will feature:

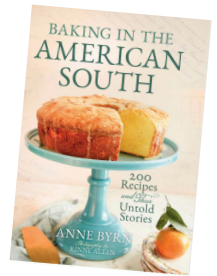
- Harriet Jones — the Resident on Wildflower who just added a sunroom, who just scored her first golf hole-in-one and whose brother was Governor of Virginia.
- Chef Agron Ramadani — the Team Member who, at the age of 22, escaped the horrors of the Bosnian War by traveling alone and on foot from Sarajevo to Croatia, to Switzerland, and finally to America.

Please plan to bring a friend or three and join us on October 15 as resident Mike Clark hosts this presentation to all of Well-Spring!

AN AFTERNOON WITH ANNE BYRN

Wednesday, October 16, 4:00 PM

Please join us as we host Greensboro Bound to welcome New York Times-bestselling author Anne Byrn, just as her latest book, *Baking in the American South*, hits shelves. Garden & Gun magazine recently highlighted this book in its spread featuring “the year’s standout offerings” in cookbooks. Byrn will speak in our Virginia Somerville Sutton Theatre from 4-5 p.m. on Wednesday, Oct. 16, followed by a simple reception featuring treats from Byrn’s new book, prepared by our Dining team. Who knows – perhaps Dining will whip up Thomasville Cheese Biscuits, Church Ladies’ Cinnamon Coffee Cake, Martha Nesbit’s Blueberry Muffins, Demopolis Turtleback Cookies, Tomato Pie or any number of other goodies!



Scuppernong Books will be on hand to sell books (**debit and credit cards only, please – no cash**), which Byrn will sign for you if you wish.

“My new cookbook is a love letter to Southern baking, a legacy built by grandmothers, modern chefs, and Black women and men who pioneered these flavors,” Byrn points out. “It’s more than recipes — it’s stories, traditions and the taste of home baked with love. Get ready to savor the South through the baking that made it famous.” **This program is free and open to residents and guests!**

SHAUN JOHNSON BIG BAND EXPERIENCE

Thursday, October 17, 7:30 PM

The *Shaun Johnson Big Band Experience* is a rare newcomer to traditional pop...fusing a big band spirit with an inventive edge...at once more risky than Buble, more modern than Sinatra. Shaun, an Emmy award-winning crooner (and lead singer of the internationally known vocal group, Tonic Sol-fa) indelibly stamps vocal jazz and swing with a contemporary punch - to the delight of both traditionalists and newcomers - emerging as an original voice in the continuing tradition of the American singer. Tickets on sale at ticketmetriad.com.



HEALTH CARE

October 21: National Check Your Medications Day

Find a participating pharmacy and then follow these simple steps:

1. Gather all the prescriptions, over-the-counter medications, vitamins and supplements you take.
2. Take them to the pharmacy
3. Meet with your pharmacist for a free consultation
4. Pharmacists can help you organize the list of prescriptions you're taking to have for reference, identify potentially harmful interactions, remove drugs that have expired and answer any questions you may have.

Why Is This Important?

Over one million people visit the emergency room annually due to a medication-related side effect, overdose or interaction. Additionally, it is estimated that about \$200 billion is spent annually on the unnecessary or improper use of medication. Surveys done by Consumer Reports have found that high drug costs can strain household budgets, causing people to cut back on necessities like groceries and bills, in order to afford costly medications. Our nation's harmful and pricey pill habit comes in many forms: taking too many drugs, taking drugs that aren't necessary, and taking drugs prematurely for 'predisease' diagnoses.

When you consult a pharmacist, they may:

1. Observe doses that are too high
2. Take note of combinations that may cause adverse interactions
3. Let you know if any medications you're taking are worth reconsidering based on your current situation (which can save you money!)
4. Recommend items you can talk to your doctor about, such as lowering or stopping a medication

Pharmacies that usually participate in this event include: Target, CVS, Costco, Wal-Mart, Sam's Club, many independent pharmacies and more!



If you're interested in cutting back on unnecessary meds, here are a few tips:

1. Never reduce or stop taking a prescription before discussing it with your doctor first.
2. Get an extensive review of the medications you're taking from your doctor or pharmacist at least once a year.
3. Provide all your health care providers (and a family member) with a current list of the medications and supplements you're taking.
4. Try nondrug options for common ailments first.

– Submitted by **Michael A. Jones, Director of Health Services**

Sources: "Stay Healthy and Participate in Check Your Meds Day," [NCPA Innovation Center, NCPA.org](http://NCPA.org)
"Too Many Meds? America's Love Affair With Prescription Medication," [Teresa Carr, consumerreports.org](http://TeresaCarr.com)

Frank Reid Brown Clinic
Call
336-545-5440
for appointments

Dermatology Clinic
Crystal Hunter, PA-C
Wednesday,
October 16

Dental Clinic
Access Dental Care
Thursday,
October 17

Podiatry Clinic
Dr. Kevin Henry
Tuesday,
October 22

Hearing Clinic
Dr. Eneida Agolli
Wednesday,
October 30

HEALTH CARE Highlights



Guitarist and Banjoist Greyson Leybourne
Saturday, October 5, 3:30 PM – Willow Way Gathering Room
Saturday, October 5, 4:15 PM – Sycamore Square Living Room

Greyson graduated from UNCG in 2013 with a Bachelor of Music in Choral Education, and a Bachelor of Music in Music Composition. He primarily plays fiddle, 5-string and tenor banjo, mandolin, guitar, and button accordion. In addition to Irish, bluegrass and old-time music, Greyson has a passion for choral music and also sings with the Greensboro-based early music choir Musica Anima as well as serving as the choir director and accompanist at Bethel Presbyterian Church in McLeansville, NC.

Outdoor Concert with the Gate City Drivers Bluegrass Band

Wednesday, October 9, 3:30 PM – Assisted Living Courtyard

The Gate City Drivers are a four-piece bluegrass band. Our passion and enjoyment extends not only to playing the music, but entertaining audiences. We look forward to seeing you soon as we play and sing some familiar, fun, and foot-tapping tunes. -Griffin, Ryan, Caleb, and Nathan.



Musicians Elizabeth Mosher and Robin Gentile
Saturday, October 19, 3:30 PM – Willow Way Gathering Room
Saturday, October 19, 4:15 PM – Sycamore Square Living Room

Please join us this afternoon for a wonderful and fun variety of musical selections. These two talented musicians will entertain us on flutes, guitar and piano. Selections will include sacred, classical, sing-a-longs and more! Bring a friend and join us this afternoon for this special performance.

Halloween Party

Thursday, October 31, 2:30 PM – Richardson Auditorium

All are welcome to join team members and residents for a Spook-tacular time! We will have refreshments, games, a costume contest and a great time!

Trick-or-Treating

Thursday, October 31, 4:00 PM – Health Care Units and Common Areas

We invite team members, children, grandchildren, family and friends to come Trick-or-Treat all throughout Health Care from 4:00 – 5:30 PM. The perfect place to trick-or-treat, rain or shine!



Ophthalmology Clinic
Dr. Christine McCuen
No October Clinic
Call for appts: 336-274-4626

Piedmont Senior Care
Dr. Gupta or Christy Wert
336-544-5400
for appointments

Satellite Office / 3rd Floor
Monday, Wednesday,
Thursday, Friday:
9:30 AM – 10:30 AM
Tuesday: 10:00 AM - 10:30 AM

Counselor: Donna Tessitore
336-545-5356
Massage Therapy: Angela Dorsey
336-392-2548

MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

Used as designated by the donor; undesignated funds are used at the discretion of the Well-Spring Board of Trustees. Donations shown here were received as of August 1 - 31, 2024.

In Memory of Ann Baynard

Barbara Adams Employee Blessing Fund

Fay Arnold

Benevolent Trust Fund

Carol & Fred Andresen

Goodie Braley

Sandy & Bob Cook

Patsy Covington

Janet Holbrook Hanner

Louise & Bill Latture

Lou & Buzz O'Brien

Jimmy Rayburn

Nancy & Charlie Reid

Pat & Bob Sevier

Alan Tutterow

Employee Assistance Fund

Joe Gelzer

In Memory of Marnell Bode

Benevolent Trust Fund

Catharine & Kenneth Sisk

In Memory of Hayes Clement

Employee Assistance Fund

Luci & Mark Phillips

In Honor of Irene Cohen's Birthday

Music Fund

Eleanor Procton

In Memory of Caroline Faison

Benevolent Trust Fund

Alan Tutterow

In Memory of Phyllis Goldman

Benevolent Trust Fund

Janet Holbrook Hanner

Jerri Linn Phillips

Alan Tutterow

Employee Assistance Fund

Dawn Long

Residents Gratitude Fund

Christine & Trip Brown

In Honor of Judy Hyman's Birthday

Benevolent Trust Fund

Lou & Buzz O'Brien

Entertainment Booster Fund

Beth & Don Hart

Music Fund

Eleanor Procton

In Memory of Sue Klau

Benevolent Trust Fund

Sandy & Bob Cook

Janet Holbrook Hanner

Ruthie & Harold McLeod

Lou & Buzz O'Brien

Alan Tutterow

Employee Assistance Fund

Joe Gelzer

Dawn Long

George Galvin Wait Staff Scholarship Fund

Fay Arnold

Residents Gratitude Fund

Christine & Trip Brown

MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

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In Honor of Jim Murphy's Birthday

Benevolent Trust Fund

Jeanne & Ches Singleton

In Memory of Peggy Simpson

Well-Spring Solutions Be the Solution Fundraiser

Kathy & Mike Venable

Entertainment & Activities Fund for Speaker Series

Marty & Porter Halyburton

Entertainment Booster Fund

Betty Barry

Jean & Ralph Davison

Lea Lenning

Carolyn & Harold O'Tuel

Well-Spring Solutions Be the Solution Fundraiser

Cone Health

Anne & Steve Fleming

Hanes-Lineberry Funeral Services

Janet Holbrook Hanner

Barbara James

Louis DeJoy & Aldona Wos Family

Foundation

LS3P

Marsh Kitchen & Bath

Southern Pharmacy Services

Donations and/or questions may be forwarded to:
Alan Tutterow, 4100 Well Spring Dr., Greensboro, NC 27410
Or reach Alan at atutterow@well-spring.org
336-545-5418. Well-Spring is a 501(c) organization and contributions are tax deductible.

BIRTHDAYS

Our Residents

OCTOBER

- 1 Mimi Levin
- 1 Roger Blackburn
- 2 Linda Duncan
- 2 Lou Freemon
- 4 Bill Latture
- 5 Joye Brannon
- 6 John Black
- 6 Bob Plybon
- 8 Bette Dunker
- 10 Nancy Beard
- 10 Miriam Hamill
- 12 Louise Chubbs
- 14 Cissy Parham
- 15 Pam Inabnet
- 16 Gail LeBauer
- 17 Goodie Braley
- 18 Bernice Driver
- 18 Diane Joyce
- 19 Betsy Cates
- 19 Judy Hagge
- 20 Ann Lineweaver
- 20 Robert Gay
- 21 Alice Carmichael
- 22 David Tart
- 23 Angie Martinez
- 23 Simone Liebling
- 24 Randy Duncan
- 25 Linda Davis
- 26 Vivian Guthrie
- 26 Florence Gatten
- 26 Myra Bridges
- 28 Bill Fraser
- 28 Louise Latture
- 30 Mitzi Gordon
- 31 Janet Anderson
- 31 Derry Blackwell



- 10/1/1960 Lou & Wally Freemon
- 10/1/1966 Betsy & Kenneth Cates
- 10/2/1960 Camille & Murphy Townsend
- 10/11/1970 Peg & Skip Moore
- 10/18/1958 Ann & Gaylord Hageseth
- 10/27/1961 Dan & Genevieve Leach
- 10/28/1961 Angie & Marty Martinez

Our Team

- 3 Jorge Martinez Mondragon, Kitchen Assistant
- 3 Tyra Solomon, Dietetic Assistant
- 3 Lynn Watkins, IL Server
- 4 Julius Price, Dietetic Assistant
- 5 Julianna Kauffman, IL Server
- 6 Fatimoh Adebowale, In Home Aide
- 6 Alma Gonzalez, Charge Nurse - RN
- 6 Anyssia Johnson, Dietetic Assistant
- 6 Zoe Lemon, CNA
- 7 Kadidjatou Djibril, CNA
- 8 Zuzet Bernal Alvarado, IL Server
- 8 Elliott Hoskins, AL Server
- 9 Felicity Thacker, Dietetic Assistant
- 9 Magi-Lyn Tucker-Griffin, Personal Care CNA
- 10 Candy Jordan, RN
- 11 Geraldine Adams, LPN
- 12 Jonathan Bullington, Dir Memory Care Center
- 12 Catherine Chalmers, CNA & Med Tech
- 12 Sophia Lopez, AL Server
- 13 Ella Andresen, IL Server
- 14 Lakeisha McCray, Charge Nurse - LPN
- 15 Kallie Joncas, IL Server
- 15 Oreoluwa Ogundeji, Personal Care CNA
- 17 Robin McCloskey, Director of Wellness
- 18 Mircale Brisban, Personal Care CNA
- 18 Tanisha Burns, Nursing Assistant
- 18 T'nori Shelton, In Home Aide
- 18 Fantavia Spruill, Nursing Assistant
- 18 Amber Zaino, RN Supervisor
- 19 Jade Greene, Nursing Assistant
- 19 Faith Moore, Mem Care Serv Asst
- 20 Katie Ergott, IL Server
- 20 Yuliana Robles Rangel, Nursing Assistant
- 22 Shafonna Banks, Program Asst
- 22 Kinya Dye, CNA & Med Tech
- 23 Jessica Locklear, Environmental Services Assistant
- 24 Gertrude Atkins, Personal Care CNA
- 24 Autumn Lawson, Clinic Nurse
- 24 Laura Swarts, Nursing Assistant
- 25 Della Spencer, AL Server
- 27 Victoria Witherspoon, Nursing Assistant
- 28 Musue Tarnue, Nursing Assistant
- 29 Gigi De Masi Santos, IL Server
- 29 Zach Wall, IL Server
- 30 Foureratou Bassirou Garba, IL Server
- 30 Roweena Campos, In Home Aide
- 31 Everette Williams, Chef Assistant



Happy Birthday!



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