

Your Ticket to The Virginia Sutton Theatre at Well-Spring

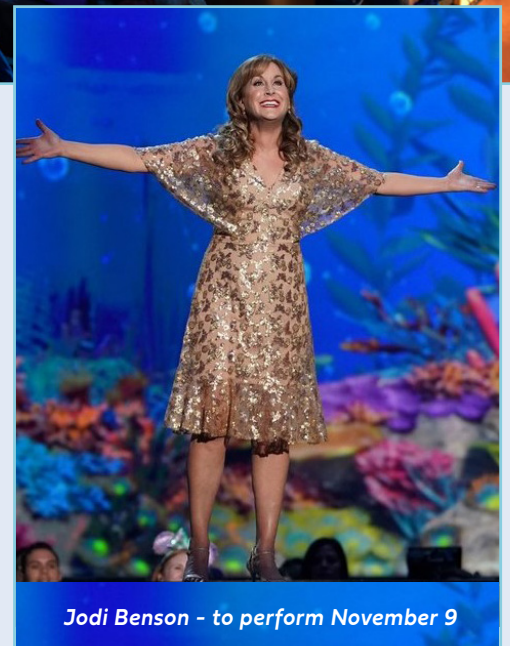


Check Out
OnStage
For Upcoming Shows
PAGE 8

"Look at this stuff. Isn't it neat?"

This question may ring a bell. In her four-and-a-half-octave vocal range, Jodi Benson voiced the character Ariel in Disney's *The Little Mermaid* and sang *Part of Your World* a song that asked the viewer to look at her things and the world answered that, yes, they thought it was pretty neat.

Benson will sing and talk about her gadgets and gizmos of plenty, at Well-Spring this fall. Jodi is one of the slated performers in the upcoming season at Well-Spring's Virginia Somerville Sutton Theatre. *-continued on page 2*



Jodi Benson - to perform November 9

—continued from page 1

The doors of the theatre opened in 2019, and the 340-seat-state-of-the-art theatre hosts Broadway stars, lecturers, theater groups, symphony and opera companies, plus original programming.



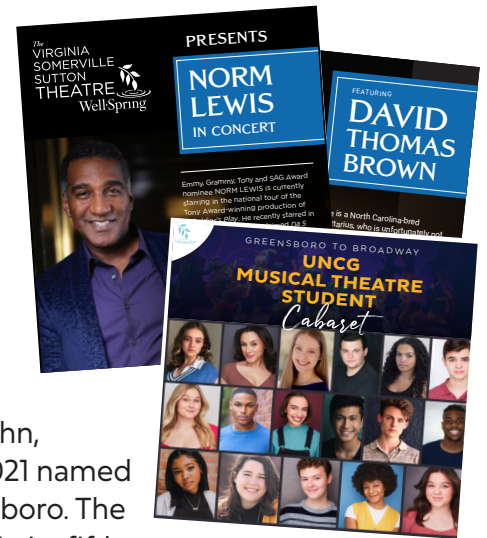
Lenore Teer, Director of Theatre Programming & Operations, has been in the director's chair for the last seven years. She has a long-standing love of theatre, after watching her own daughter find a way to the stage.

"The theatre was shut down, almost right after we opened, so we began to do a weekly broadcast from the stage," she recalls, "We called it Well-Spring Live, and we would have the performers come onstage, with our crew in the booth filming. It allowed us to pay our talent and keep our community engaged during a challenging time."

The show must go on. And when the masks came off, the theatre bounced back to life with a rich range of audience-filled performances. Well-Spring residents and public patrons have since enjoyed productions by the N.C. Chamber Orchestra, Joy of Dance by Dance Expressions, the 100th Anniversary of Rhapsody in Blue by Gershwin, the Jewish Film Festival: *Menashe* and the 2024-2025 season is offering another stellar lineup of programming.

"The performers are thrilled to have access to our space. We have top-of-the-line equipment," Lenore says. The Green Room, a space in the theatre where actors get ready, is a warm and peaceful place for prepping to walk on stage. The Events team has also designed make-shift vanity tables for the actors that also fit neatly into a storage space when they are not in use.

Not only are the performers excited to take the stage, but the Well-Spring community has also been just as enthusiastic to host an array of talent. Sue Irvin, a resident at Well-Spring, and her late husband, John, started a series in 2021 named Broadway to Greensboro. The series, which is now in its fifth season, is an entertaining and educational partnership between Well-Spring and the musical theatre departments of UNCG, UNCSA, Greensboro College, Elon University, and Weaver Academy.



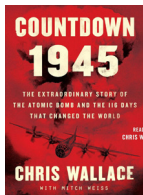
"We got through two seasons, and it really put us on the map for theatre people," Lenore says. "Our first guest was Jessica Vosk, who played the role of Elphaba in *Wicked the Musical*." Ryan Silverman, a praised baritone, and actor in theatre shows including *Side Show*, *The Phantom of the Opera* and *CHICAGO*, will be a part of the upcoming season when he performs on September 21.



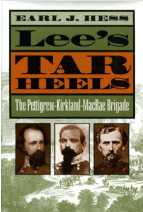
Well-Spring also boasts its very own performers. Bitten by the theatre bug, the term used to describe a person who fell in love with the stage, residents can join The Well-Spring Players. This group performs several times a year. The program is run by residents, directed by residents, and the occasional guest director. Practicing on stage and learning the structure of a show, residents put on stellar performances.

- MAKE PLANS TO GET TICKETS FOR OUR UPCOMING SEASON AND ENJOY OUR VARIETY OF PROGRAMMING -

LIBRARY *News* by Hank Hackett, Library Committee Chair

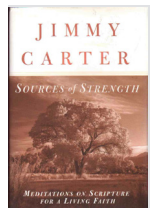


COUNTDOWN 1945: THE EXTRAORDINARY STORY OF THE ATOMIC BOMB AND THE 116 DAYS THAT CHANGED THE WORLD by Chris Wallace. (History) Vivid, fast-paced, and wide-ranging, this is a fine telling of one of the 20th century's most remarkable stories. Countdown 1945 tells the gripping true story of the turbulent days, weeks, and months, leading up to August 6, 1945, when Truman gives the order to drop the bomb on Hiroshima.

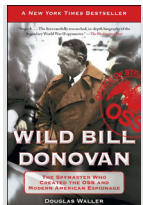
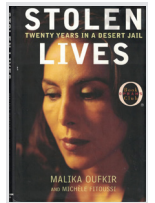


LEE'S TAR HEELS by Earl J. Hess. (History/NC) The Pettigrew-Kirkland-MacRae Brigade was one of North Carolina's best known and most successful units during the Civil War. They protected supply lines in North Carolina until the battle at Gettysburg. All but 70 of its 800 men fell there – yet the Brigade marched with Lee to Appomattox and was among the last Confederate units to surrender.

SOURCES OF STRENGTH by Jimmy Carter. (Religion) Former president, Jimmy Carter led Sunday School classes for many years at his hometown church in Plains, Georgia. For this book, he selected 52 of his favorite Bible lessons, one for each week of the year.

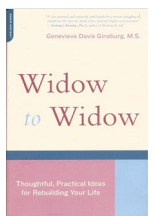


STOLEN LIVES: TWENTY YEARS IN A DESERT JAIL by Malika Oufkir and Michele Fitoussi. (Social Science) Malika spent virtually her whole life as a prisoner. Her father was General Oufkir, closest aide to the King of Morocco. Malika was adopted by the king at the age of five as a companion to his daughter and she spent the next 14 years in the seclusion of the court harem. After her father was killed, she and all the family were imprisoned in a penal colony. Her story is a story of resilience, courage, and even humor as they faced their tormented fate.



WILD BILL DONOVAN by Douglas Waller. (History) He was one of America's most exciting and secretive generals—the man Franklin Roosevelt made his top spy in World War II. Wild Bill Donovan was director of the Office of Strategic Services and the father of the CIA. The book reads like an action-packed spy thriller; a tale of political intrigue, of infightings at the highest levels of government, and of powerful men pitted against each other.

WIDOW TO WIDOW by Genevieve Davis Ginsburg, M.S. (Grief and Loss) Author, therapist, and widow, Ginsburg offers fellow widows sage advice for coping with the loss of a husband. She walks widows through the many challenges they face—from learning to travel and eat alone, to surviving holidays and anniversaries, from starting a community support group to dating again.



CALL FOR ALUMNI MAGAZINES

The Library Committee is calling for residents to donate their college alumni magazines after they have finished reading them. There is a box on the floor of the library for donations.

*REMINDER: Please do NOT remove books from the Library unless you have CHECKED THEM OUT!

THE DISH ON DINING

Earlier this year, a former colleague in the local and sustainable farming industry reached out to me. He asked me to sit on a panel at a conference and speak at the 2024 Southeast Value-Added Dairy Conference & Carolina Meat Conference in Boone, North Carolina. I gladly accepted the offer and represented Well-Spring and our commitment to local and sustainably raised foods.

From a chef's perspective, being immersed with like-minded people was inspiring and thought-provoking. I can say with confidence that you will benefit from my time at this



event. I was able to speak to dairy farmers about producing locally-made yogurts and yogurt smoothies. I also spoke with beef, pork, and poultry producers about various cuts of meats that would work on our menus.

It is humbling and flattering to be respected by colleagues in your field. I was able to reconnect with farmers, and other leaders in the industry. I believe making these connections will benefit Well-Spring's dining program for years to come.

Bon Appetit!

Todd Dumke/ Director of Dining Services

September

Upcoming Events - SAVE THE DATES

September 12
Afternoon Tea
(limited to
30 residents)

September 19
Australian and New
Zealand wine dinner
(limited to
50 residents)

October 3
Oktoberfest

October 31
Halloween
Spooktacular

FALL
SOCIAL

"Happy Days"
of the 1950s!

SEPTEMBER 25
5:00 - 7:00 PM



Menu coming soon...



AQUATIC AND FITNESS CENTER

Jack Kepley is the defending champion of the Rain gutter Regatta. Congratulations, Jack, and a big THANK YOU to all the residents that participated!

AFC will kick off the 8-Week Community Walk on Monday, September 9. Our campus will compete against Friends Homes, River Landing, and The Village at Brookwood. Please turn in your mileage/time by email, voicemail, or in person to Robin each week. Tracking sheets can be picked up in the Administration Office or the AFC.



Bryan Park Golf Outing is returning on Thursday, September 12, departing at 8:30 am. You can choose to play 9 or 18 holes. Cost is payable to Bryan Park. Please register on the portal.

The Intergenerational Center for Arts & Wellness in Winston Salem will sponsor the **Piedmont Area Fall-Free Expo** on Wednesday, September 25. Featured Activities Include: A Matter of Balance information session, HomeFit presentation, Strength & Balance exercises with Dr. Sara Migliarese and more! Fall Risk Screenings will be conducted throughout the day. Lunch is provided and the cost is FREE. We will be departing at 8:30 a.m. and returning at 3:00 p.m. Please see Robin for an attendee form. Forms must be turned back in by Friday, September 13.

Active Aging Week will begin on September 30 – October 4. This is a time to highlight how active our residents can be in all areas of life – physical, social, spiritual, emotional, intellectual, vocational and environmental. AFC Aging Events are as follows:

- **Monday, September 30** – Crop Walk starting at 1:30 p.m. at the Main Entrance. Please donate can goods to Urban Ministry in the boxes provided around campus. You need to register only on the portal.
- **Tuesday, October 1** – Let's Go to the Show at 2:00 p.m. More details to come!
- **Wednesday, October 2** – Words of Wisdom & Snack Day. Invite a friend to class!
- **Thursday, October 3** – Enjoy a walking campus tour with LeGrande Iseley, our very own Horticulturalist. He will share his knowledge and passion with you.
- **Friday, October 4 - Sunday, October 6** – Harvest Hike Weekend in Blowing Rock.

- Keep Moving, Robin

Robin McCloskey
rmccloskey@well-spring.org / 336-545-5469

S'AGING

Friday, September 6, 3:00 PM - Florence Phillips Hall

Please join us for Successful Aging ("S'Aging") to learn how to plan for your future medical needs. Angela Lewis-Myers (MA, MSW, LCSWA) is a Cone Health social worker with almost 20 years of experience working with patients throughout their lifespan. Angela's areas of specialty include prevention and advocacy. The goal of this session will be to provide information about advance care planning, specifically the Medical Order for Scope of Treatment (MOST) and how your medical wishes translate when you enter the hospital. Questions will be welcome!



ACTIVITIES AND EVENTS

WELCOME OUR NEW CHAPLAIN: *Kristie Miles*

Kristie Miles, our new Chaplain, will join Well-Spring this month! A Greensboro native, Kristi and her family are excited to return to the area after 16 years. "I enjoy working with any flavor of faith," says Chaplain Miles. With her education and ongoing ministry, Kristie has found JOY working with the senior population. Her experience in congregational ministry has provided Kristi a compass that has led her to our community. "When I am able to engage with people who have a variety of beliefs, that is where I am called, and I look forward to being a part of the Well-Spring community." Learn more about our new Chaplain in upcoming articles/highlights in our Currents publication, as well as on our social media platforms.



Scan to see our Facebook page!

NC FOLK FESTIVAL

September 7 - 8, Various departures - Main Entrance

The North Carolina Folk Festival is a Free Music Festival in downtown Greensboro. It is open to all and showcases multiple genres and artists from across the world. Well-Spring will offer a shuttle to and from the NC Folk Festival in downtown Greensboro using the following schedule:

Saturday, September 7: Departures from Well-Spring: 10:00 a.m., 12:00 p.m., 2:00 p.m. / Festival pick-up times: 12:30 p.m., 2:30 p.m., 4:30 p.m.

Sunday, September 8: Departures from Well-Spring: 1:00 p.m., 3:00 p.m. / Festival pick up times: 3:30 p.m., 5:30 p.m.



SPIRITUAL JOURNEYS PANEL

Sunday, September 8, 3:00 PM - Richardson Auditorium

This increasingly popular event sponsored by our Spiritual Life Committee will feature residents Sid Cutbill and Lea Lenning sharing their moving Spiritual Journey stories. Beginning as a small gathering in 2018, our Spiritual Journeys gatherings have blossomed into events of singular importance for our Well-Spring Community. Mark your calendars.

VR LAB

**Friday, September 13, 1:30 & 2:15 PM;
Thursday, September 26, 1:30 & 2:15 PM
Florence Phillips Hall**

Virtual Reality Labs are returning after a summer hiatus. Well-Spring is excited to continue encouraging these experiences. Each lab is a 30-minute session. Each session is limited to 6 people so sign up is required either on the portal or with the concierge.

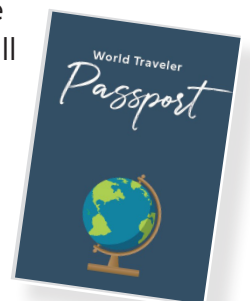


CRUISE AROUND THE WORLD

**Wednesday, September 18, 11:30 AM - 1:30 PM
Bauman Bistro**

We invite team members and residents to take a mid-day break for a lunch time cruise with the Cultural Connections Committee! Visit each station, add a stamp to your Well-Spring passport and learn a little about the culture of each country! Cruising "ports" will include food from the following cultures:

African • American • Asian/Sushi
Latin/Hispanic • Eastern European



THE SHOPPE Fall Preview

The SHOPPE is ready to put the hot humid days of summer behind us. Come see new apparel lines, cards in a wide variety of price points, games to keep your mind active, gifts for friends and family and of course those necessities we just can't do without.

Grandma's Jewelry Sale November 11 - 15

Now is a great time to go through your jewelry, and consider donating some of your gently worn baubles, bangles and beads, for Grandma's Jewelry Sale.



Wendy Korb will head up this year's "Grandma's Jewelry Sale." The committee will clean, fix, price and sell costume jewelry. Last year's sale brought in \$2,000 allowing the SHOPPE to donate to the Resident Gratitude Fund! Thank you for your support and let's do it again this year. Remember: *One person's "trash" is another person's "treasure!"*

For jewelry donation information or to volunteer, please contact:

Wendy Korb:
843-847-1866
dorothy.korb@gmail.com

BE THE SOLUTION FUNDRAISER

Tuesday, October 15, 5:30 - 7:00 PM, - Memory Care Center

The Adult Center for Enrichment Well-Spring Solutions Celebrates 40 years of serving adults in the community.

40 years ago, The Adult Center for Enrichment was founded to fill a need in the Greensboro Community. Today, now doing business as Well-Spring Solutions, we have a full day memory care center, four half-day group respite programs, and many caregiver education and support group opportunities supporting older adults and their families throughout Guilford County.

Well-Spring Solutions' 23rd annual "Be the Solution" Fundraiser is set for **Tuesday, October 15 from 5:30-7:00 p.m.** at our Memory Care Center (located at 2701 Henry Street, Greensboro, NC 27405). We'll enjoy gathering outdoors under a tent, with music and a short program and tours of our Center. Our Honorary Co-Chairs this year are Gary & Ellen Taft, Barbara James, and Judy West-Hinshaw. Wine & Heavy Hors D'oeuvres will be provided. Please join us to learn more about Well-Spring Solutions and to celebrate 40 years since the Adult Center for Enrichment's founding! **Please RSVP to Alyssa Oppewal Geary at 336-545-5441 or aoppewal@well-spring.org by October 7.** Transportation will also be provided and is available for sign up on the resident portal.



1984	The Adult Center for Enrichment (ACE) opened on June 4, 1984, as a division of the Corporation of Guardianship, Inc. (CGI).
1987	ACE separated from CGI and formed our own non-profit organization.
1994	Our first group respite program opened at First Baptist Church. Later that year, a second group respite program opened at Mt. Zion Chapel United Methodist Church.
2001	To serve the needs of family caregivers, the Caregiver Education & Support program began.
2007	We opened a 3rd Group Respite program at Temple Emanuel.
2013	On January 1, 2013, the Adult Center for Enrichment became a subsidiary of Well-Spring Services, Inc. and purchased the center on Henry Street.
2017	The board of the Adult Center for Enrichment unanimously voted to approve doing business as (d/b/a) Well-Spring Solutions. The day center served both individuals with dementia as well as those with developmental & intellectual disorders.
2019	The board made a decision to serve exclusively those who had a diagnosis of dementia. The board went through the process with the state to become specialized in memory care and changed our name to The Memory Care Center. In July, the 4th Group Respite Program at St. Mary's Episcopal Church in High Point was opened.
2024	Today, we serve over 190 families combined at our Memory Care Center and Connections Programs, and just over 500 caregivers a year through our caregiver education and support programs. Our mission is to exceed the needs of older adults with dementia and their family caregivers through our innovative community support services. Here's to the next 40 years!



WELL • SPRING EVENTS PRESENTS

On Stage

UPCOMING EVENTS 2024



SEPTEMBER

14	2:00 PM		Cinema: <i>Oppenheimer</i>
20	10:00 AM		Masterclass with Ryan Silverman
21	7:30 PM		Broadway to Greensboro: Ryan Silverman
28	2:00 PM		Greensboro Tar Heel Chorus

OCTOBER

7	7:30 PM		Monday Night at the Movies: <i>Rear Window</i>
8	7:30 PM		Well-Spring Players Performance : <i>Seniors Acting Up</i>
14	7:30 PM		Monday Night at the Movies: <i>Dial M for Murder</i>
15	3:30 PM		Well-Spring, Meet Well-Spring!
16	4:00 PM		Greensboro Bound Author Talk: Anne Byrn
17	7:30 PM		Shaun Johnson Big Band Experience
24-26	7:30 PM		<i>Seussical the Musical!</i> ; Caldwell Academy
26	2:00 PM		<i>Seussical the Musical!</i> ; Caldwell Academy
28	7:30 PM		Monday Night at the Movies: <i>Vertigo</i>

NOVEMBER

2	7:30 PM		Greensboro Choral Society Performance
8	10:00 AM		Masterclass with Jodi Benson
9	7:30 PM		Broadway to Greensboro: Jodi Benson
11	11:00 AM		Veteran's Day Celebration
15	7:30 PM		Greensboro College Musical Review
16	2:00 PM		Triad A Capella Connection Chorus
21	2:30 PM		Remembrance Service
23	7:30 PM		UNC Clef Hangers
28	2:00 PM		Cinema: <i>Seven Brides for Seven Brothers</i>

* SCHEDULE IS SUBJECT TO CHANGE

Resident Event

Open to the Public
[Ticketmetriad.com](https://ticketmetriad.com) or
caldwellacademy.seatyourself.biz

Open to the Public
TICKET NOT REQUIRED

THEATRE

RESIDENT PERFORMING AND VISUAL ARTS COMMITTEE

New resident display in the Virginia Somerville Sutton Theatre Lobby!

Thanks to Nancy and Richard Evans for sharing their eclectic collection of sheep things! It began when they spent several vacations in parts of England during lambing season. They collected most items on various world travels, but some were gifts. You need to visit the display to see the variety of items and Richard's special contribution! Anyone visiting their home will understand that the sheep in the front of the house prefer the grass to a glass cage.



BROADWAY TO GREENSBORO: RYAN SILVERMAN

Masterclass: Friday, September 20, 10:00 AM

Concert: Saturday, September 21, 7:30 PM

Ryan Silverman has been praised as the "smoothest, most assured bari-tenor, leading man theatre voice at the moment" (Playbill.com). Silverman has starred as Raoul in *The Phantom of the Opera* and his television and film credits include *Suits*, *Gossip Girl*, *Sex and the City 2* and more!

Tickets are on sale NOW for residents and the concert is also open to the public at ticketmetriad.com.

TAR HEEL CHORUS

Saturday, September 28, 2:00 PM

Come join the party with the Greensboro Tarheel Chorus as we take a trip back in time to a 1920's Speakeasy. Let the good times roll! The stock market is on a tear and love is in the air! It's the era of Prohibition, but "Nevertheless" that won't stop us from having fun! It's "A Good Day" and "Anything Goes!"



WELL-SPRING, MEET WELL-SPRING!

NEW DATE! Tuesday, October 15, 3:30 PM

This signature, onstage, community-building presentation has been changed to October! Mark your calendars NOW to join us as we present fascinating personal stories from:

- Harriet Jones — the Resident on Wildflower who just added a sunroom, who just scored her first golf hole-in-one and whose brother was Governor of Virginia.
- Chef Agron Ramadani — the Team Member who, at the age of 22, escaped the horrors of the Bosnian War by traveling alone and on foot from Sarajevo to Croatia, to Switzerland, and finally to America.

Please plan to bring a friend or three and join us on October 15 as resident Mike Clark hosts this presentation to all of Well-Spring!

STARWORKS: GLASS PUMPKIN PATCH & LUNCH

Wednesday, October 16, 8:30 AM departure

The Glass Pumpkin Patch is a fabulous Fall tradition! Registration opens early October. Watch the *Need to Know* for more information!



HEALTH CARE

September is National Healthy Aging Month

Healthy Aging Month is recognized as a time to celebrate life and the positive aspects of growing older.

As we age, we become aware that our physical and mental health, as well as dietary and social needs, change over time. However, that doesn't mean you've lost control. You can take charge of your well-being, by taking steps to age with a healthy body and a healthy mind.

Get Moving

- It is important to consult your doctor before exercising. Start slow, know your limitations and modify activities if needed.
- Adults should aim for at least 150 minutes of moderate-intensity physical activity each week.
- Make your physical activity FUN and something you enjoy doing!

Maintain a Healthy Diet

- Eat proper portion sizes. Overeating can lead to obesity and increase the risk of diabetes and heart disease. Eat a variety of fresh fruits and vegetables and have them make up half of your plate.
- Avoid excess processed foods.
- Stay hydrated- adults should drink between 10-16 cups of water per day, depending on gender, living environment, and activity level.

Stay Social

- Try something new by attending online or socially distant in-person classes that interest you.
- Use technology like Zoom or Facetime to stay in touch with friends and family.

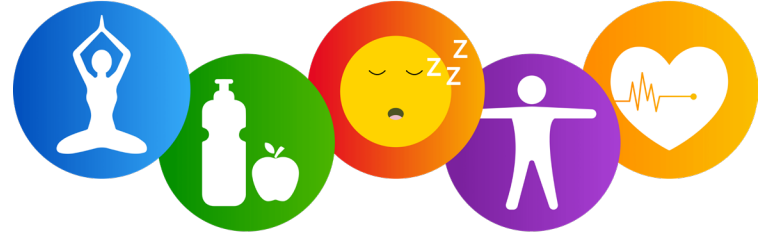
Balance Your Body and Mind

- Keep a positive attitude.
- Keep your mind active by reading or doing puzzles.
- Keep your body active through stretches and yoga.

Be Proactive

- Receive regular checkups, physicals and medical tests when needed as many diseases can be prevented when caught early.
- Don't forget appointments with the dentist and optometrist too.
- Take vitamins, supplements and medications as prescribed.

HEALTHY AGING MONTH



♡ SEPTEMBER ♡

–Submitted by Michael A. Jones, Director of Health Services

Source: <https://www.dhd10.org/september-is-healthy-aging-month/>

Frank Reid Brown Clinic
Call
336-545-5440
for appointments

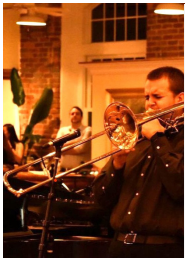
Podiatry Clinic
Dr. Kevin Henry
Tuesday,
September 17

Dermatology Clinic
Crystal Hunter, PA-C
Wednesday,
September 18

Dental Clinic
Access Dental Care
Thursday,
September 19

Hearing Clinic
Dr. Eneida Agolli
Wednesday,
September 25

HEALTH CARE *Highlights*



Trombonist Jim Lane and Pianist Matt Reid

**Saturday, September 7, 3:30 PM - Willow Way Gathering Room
4:15 PM - Sycamore Square Living Room**

Jim Lane earned his BM in Music Education and a BA in Trombone Performance from UNC Wilmington. He earned his Master of Music degree in Trombone Performance from UNC Greensboro where he has been a graduate teaching assistant. In early 2022, Jim traveled with the UNCG Jazz Ensemble to perform in the Jack Rudin Jazz Competition in New York at the Lincoln Center. Matt Reid graduated from NCCU with a Master of Music degree in Jazz performance. Matt currently serves on the faculty of Guilford College and North Carolina A&T State University, teaching jazz piano and applied laboratory piano courses. Matt also serves on the faculty at the John Coltrane Jazz Workshop in High Point, NC, and in addition to numerous local, regional and national venues, curates and performs weekly with his jazz trio at Double Oaks Bed & Breakfast in Greensboro, NC.

Tots & Tunes

Every Tuesday, September 24 - October 29 at 10:00 AM - Sycamore Square Living Room OR Willow Way Gathering Room (alternating)

Tots & Tunes is an interactive program where parents and their children (ages birth – 5 years) join our residents for a structured music and educational group led by Certified Music Therapist, Robin Gentile. If you enjoy being around little ones, this is the program for you! We will begin in the Sycamore Square Living Room on September 24.



Lecture with Cindy Rayburn - Historic Pennypacker Mills Schwenksville, PA

Tuesday, September 24, 4:00 PM - Richardson Auditorium

Please join us as we explore the incredible 170 acre property and magnificent home of the Pannebecker family, Cindy's ancestor. We will travel back in time to see the rooms where General George Washington made his headquarters in the fall of 1777 before the Battle of Germantown, and we'll take a close look at Cindy's Ancestor Henrich Pannebecker's blanket chest and leather chair. Hope to see you there!

Guitar & Vocals with Joel Landau

**Saturday, September 28, 3:30 PM - Willow Way Gathering Room
4:15 PM - Sycamore Square Living Room**

Join us this afternoon as Joel entertains us with a variety of music! His selections include: Irving Berlin, Cole Porter, Benny Goodman, Glenn Miller, Rodgers and Hammerstein, Frank Sinatra, Elvis, the Beatles, the Stones and more! This will be a fun overview of the progression of American popular music through the years.



Ophthalmology Clinic
Dr. Christine McCuen
Monday, September 9
Call for appts: 336-274-4626

Piedmont Senior Care
Dr. Gupta or Christy Wert
336-544-5400
for appointments

Satellite Office / 3rd Floor
Monday, Wednesday,
Thursday, Friday:
9:30 AM - 10:30 AM
Tuesday: 10:00 AM - 10:30 AM

Counselor: Donna Tessitore
336-545-5356
Massage Therapy: Angela Dorsey
336-392-2548

MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

Used as designated by the donor; undesignated funds are used at the discretion of the Well-Spring Board of Trustees. Donations shown here were received as of July 1 - 31, 2024.

Retirement Community General Fund

William & Elizabeth Albert Charitable Fund

In Memory of Tommy Arthur

Residents Gratitude Fund

Joe Gelzer

In Honor of John Bayersdorfer

Health Care Fund

Nancy & Steve Fogarty

In Memory of Marnell Bode

Benevolent Trust Fund

Lea Lenning

Residents Gratitude Fund

Deryle Bode

Dorothy Collins

In Honor of Steve Fleming

Well-Spring Solutions Be the Solution Fundraiser

Aashka & Shyamol Mehta

In Memory of Ann Hunt

Benevolent Trust Fund

Janet Holbrook Hanner

Alan Tutterow

In Honor of LeGrande Iseley

Grounds Beautification Fund

Nancy & David Teal

In Memory of Skip MacMillan

Grounds Beautification Fund

Christine & Trip Brown

John Bayersdorfer

Marty & Porter Halyburton

Rip Bernhardt

In Honor of Brenda Miller & John Bayersdorfer's Birthdays

Music Fund

Irene Cohen

Eleanor Procton

Midge Pines

Employee Assistance Fund

Judy Hyman & Dick Rosen

In Honor of Brenda Miller's Birthday

Benevolent Trust Fund

Nancy & Steve Fogarty

In Honor of Etsie Phillip's 90th Birthday

Benevolent Trust Fund

Lea Lenning

In Memory of Robert Rapp

Residents Gratitude Fund

Dorothy Collins

MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

Used as designated by the donor; undesignated funds are used at the discretion of the Well-Spring Board of Trustees. Donations shown here were received as of July 1 - 31, 2024.

In Memory of Fay Reid

Benevolent Trust Fund

Janet Holbrook Hanner
Alan Tutterow

Employee Assistance Fund

Dawn Long

Residents Gratitude Fund

Anne Howard Millican
Joe Gelzer

In Honor of Rick Williams

Employee Assistance Fund

Anne & Steve Fleming

In Memory of Rabbi David Wucher

Residents Gratitude Fund

Gail & Gene LeBauer

In Memory of Zola Yari

Benevolent Trust Fund

Christine & Trip Brown
Janet Holbrook Hanner
Alan Tutterow
Becky Taylor

Employee Assistance Fund

Judy Hyman & Dick Rosen

Residents Gratitude Fund

Jean & Ralph Davison
Joe Gelzer

Well-Spring Solutions "Be the Solution" Fundraiser

Access Dental Care
Kathy Cates
Davenport and Company
Guilford Medical Associates
Paycor, Inc.
Premier Supply, Inc.
Marisa Ray
Right Touch Interiors
Segra, Inc.
The Christman Company
Total Computer Solutions

Well-Spring Solutions General Operating Support

Jim Irvin
Salena Kindrick

Donations and/or questions may be forwarded to:
Alan Tutterow, 4100 Well Spring Dr.,
Greensboro, NC 27410
Or reach Alan at atutterow@well-spring.org
336-545-5418. Well-Spring is a 501(c) organization and
contributions are tax deductible.

BIRTHDAYS

Our Residents

SEPTEMBER

- 1 Rascha Kriegsman
- 2 Jack Kepley
- 3 Kay Jacks
- 4 Ann Heck
- 4 Ralph Davison
- 4 Julie Loflin
- 4 Nancy Cornelius
- 4 Sydna Tripp
- 5 David Wyrick
- 9 Bev Rogers
- 9 Dawn Long
- 9 Earl Adams
- 11 Nancy Peiffer
- 12 Mike Clark
- 13 Sallie Clotfelter
- 13 Susan Chappell
- 15 Ann Senn
- 15 Frank Cashwell
- 16 Jerry Highsmith
- 19 John Kavanagh
- 19 Joan Paster
- 19 Nancy Hayes
- 20 Tony Blake
- 21 Ann Hageseth
- 21 Caroline Young
- 21 Judy McGinn
- 22 Helen Wilde
- 23 Judi Labath
- 23 Pam Rice
- 24 Bill Stocks
- 27 Gerry LeBrun
- 28 Mary Elam
- 28 Maurice Schwartz



Happy Anniversary!

- 9/14/1953 Nancy & Edwin Cornelius
- 9/30/2005 Patricia & Robert Sevier

Our Team

- 2 Cameron Adams, Assistant Chef
- 2 Linda Butler, Front Desk Receptionist
- 2 Caleb Forsell, Kitchen Assistant
- 2 Beatrice Washburn, Charge Nurse - LPN
- 3 Gwendolyn Norris, Housekeeping
- 3 Agron Ramadani, Executive Chef
- 4 Michael Jones, Director of Health Services
- 4 Thina Ksor, Nursing Assistant
- 4 Mamee Turner, Nursing Assistant
- 8 Teresa Gordon, Housekeeping
- 8 Sally Kolada, Dining Room Assistant
- 9 Deborah Greenway, AL Server
- 9 Lisa Mottola, Nursing Assistant
- 10 Amelia Hicks, Dining Room Assistant
- 10 Terry Underwood, Security
- 10 Sussie Wurapa, Nursing Assistant
- 13 Rhonda Long, Nursing Assistant
- 14 Yaokiski Molina Cruz, Assistant Chef
- 15 Dennis Finnegan, Security
- 16 Karol Altamirano Saavedra, PRN CNA
- 16 Laicee Lowe, Dining Room Assistant
- 17 Neli Amedon Epse Toure, Housekeeping
- 17 Linda D'Amato, Nursing Assistant
- 17 Laila Joyner, Dining Room Assistant
- 19 Mary Somah, Nursing Assistant
- 20 Joshua Berard, Kitchen Assistant
- 21 Chester Abbitt, Porter
- 21 Ana Montoya Villacorta, Housekeeping
- 22 Sheri Plasters, Charge Nurse - RN
- 22 Dayshawn Williams, Assistant Chef
- 24 Melody Hopkins, Porter
- 24 Sandy Lucero, Dietetic Assistant
- 25 Bernadette Abasolo, Care Plan Coordinator
- 25 Sue Suek, Director of Nursing
- 28 Leslie Sanders, Dining Room Assistant
- 28 Jaclyn Wilson, CNA - Med Tech
- 30 Brenda Rosales Enciso, Nursing Assistant



Happy Birthday!



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