

Food Restrictions? Dining Team to the Rescue

Two years ago, when Well-Spring's new leader entered the kitchen, all hands were on deck preparing, cooking, innovating and serving as a new team. Todd Dumke, Director of Dining Services, is committed to his role – creating not simply great food but a wonderful dining experience for everyone – even those with restrictions.



—continued on page 2

“ Although I identify as a “foodie” and love interesting cuisine, I also have a relatively rare allergy to peppercorns – a staple in most kitchens. Todd and his team have always made it their priority to serve me food that was never bland, but always made pepper free. I also get the privilege of discussing the flavor choices with Todd – adding intellectual spice to the meal as well. ”

Moses Goldberg, Well-Spring
Resident



Culinarily, a few things have evolved since grandmother's garden and how our body metabolizes certain foods. Being newly diagnosed or told you should avoid certain foods can be overwhelming to most, and at times feel like you have experienced a major loss. Fortunately, the Well-Spring Dining team is more than equipped to help guide residents and offer delicious solutions.

"One size doesn't fit all anymore," Todd explains. "We have to evolve with the ever-changing needs of our residents and accommodate their individual allergies, restrictions and sensitivities."

How is this done in a large life plan community? The process starts with a food consultation. Todd and select members of his team will review the needs and revisions of the resident, helping them understand the process and all the food options available to suit them. A customized menu is then sent directly to the resident to select their meals one week in advance. "Whether it's dairy, gluten or any number of adjustments, we make it happen," he says.

Todd is not alone in keeping his customers on the top shelf. His leadership has keeps the "can do" attitude front and center from preparation to plate. He reminds his team regularly whose dining room they are in and that they are creating meals for the residents in their home. Todd explains his team must be committed to this vision. He is thankful they understand the level of quality as well as the necessary adaptations. Todd also stays ahead of the curve by ensuring the general dining menus are detailed so guests know what they are eating every time.

"Our team produces over 400 meals per day," Todd says. "It is a tough target to hit perfection each time. That is why we depend on the residents' feedback, whether it's a special customization or a general dish that appears too salty. We encourage our guests to let us know immediately so we can evaluate the issue, correct it and raise the bar."

When Todd is not leading his team, you can find him reading restaurant publications and cuisine feeds that help keep him up to date with food trends and connected to industry chefs. "I love what I do and that includes rolling with the changes." 🍷



SUCCESSFUL AGING- *Treating Hearing Loss*

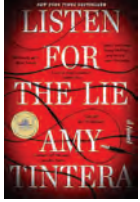
Friday, June 7, 3:00 PM / Florence Phillips Hall

Please join Dr. Shannon Frymark, a respected Doctor of Audiology with personal experience in hearing loss, for *The Biggest Lessons from 3 Decades of Treating Hearing Loss: Local Doctor of Audiology Shares How You Can Achieve Better Hearing*. In this interactive session, Dr. Frymark will share advancements and personal triumphs in the field of audiology, including treatment options and the *T-Coil Technology* available here at Well-Spring and in the community.



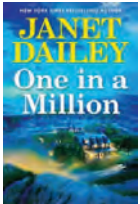
LIBRARY *News* by Harriet Jones, Library Committee Member

NEW in Fiction



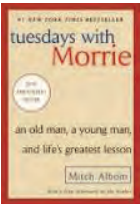
LISTEN FOR THE LIFE by Amy Tintera

Lucy and her friend Savvy were the Golden Girls growing up in their small Texas town, but then tragedy struck. Savvy is murdered, and some folks think Lucy did it. Did she? Read and find out!



ONCE IN A MILLION by Janet Dailey

This is another Texas mystery with murder thrown in. This time it takes place on a ranch owned by a prestigious couple with a beautiful daughter. Adventures at the rodeo, wild West style.



TUESDAYS WITH MORRIE by Mitch Albom

This is the story of the author's visits with his old college mentor. M. Scott Peck, M.D. said this is "a beautifully written book of great clarity and wisdom that lovingly captures the simplicity of life's complexities."

A TENDERING IN THE STORM by Jane Kirkpatrick

The story about a German family in America in 1856. They are trying to go it alone in the remote coastal forest of the Washington territory.



THE SUMMER BOOK CLUB by Susan Mallory

Susan Mallory writes about relationships that shape women's lives: family, friendships and romance. Her warm, humorous stories make the world a better place. The rules of the summer book club are simple: No sad books, no pressure, and yes...wine.



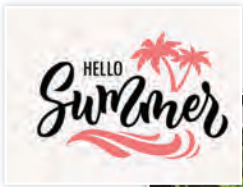
WOLF AT THE TABLE by Adam Rapp, a Pulitzer Prize finalist

This is a wild saga about a family harboring a serial killer in its midst. The story explores our closeness to violence and its effect on us. It demonstrates the possibility of forging ahead through darkness to light.



Well-Spring Book Club Reminder: The Well-Spring Book Club will meet on Monday, June 3, at 2:30 PM in Florence Phillips Hall. Judy Hyman will lead the discussion on *The Lincoln Highway* by Amor Towles. All residents are welcome.

THE DISH ON DINING



Happy Summer!! The garden boxes are looking great, and I thought I would share a tomato bruschetta recipe to enjoy the fresh tomatoes and herbs you are growing. This one is easy and quick to make. And, yes, you can look forward to this item returning to the menus this summer.

The Dining Team will scale back events for summer, as many of you travel. Our staff will be taking vacations, as well. Be safe and be ready for more events coming late summer and early fall.

—By **Todd Dumke**, Director of Dining Services



Tomato Bruschetta

- 2 ripe tomatoes, diced
- ½ red onion, diced
- 1 clove garlic, chopped
- 4-6 basil leaves, finely chopped
- ¼ cup Extra Virgin olive oil
- salt and pepper

Combine all ingredients and let stand 1-2 hours for flavor to develop. Serve with your favorite sliced, toasted Ciabatta, Focaccia or French bread.

Father's Day Brunch

SUNDAY, JUNE 16, 10:30 AM - 1:30 PM

1 complimentary beer, guest surcharge \$12



DID YOU KNOW?

Residents consume:

- over 245 filet mignon a week
- over 225 pieces of salmon a week
- 100 plus to-go orders a day
- cuisine from over 20 different countries
- 270 pounds of local apples and
- 200 pounds of Asian pears a week
- 60 gallons of ice cream a week
- 260 different Well-Spring developed recipes

Coming Soon!

– July 4 –

North Carolina Brass Band
and Cookout



SONO AUROS - Sunday, June 9, 2:00 PM

Sono Auros is a trio consisting of the unusual combination of flute, cello, and harp. Lucian Rinando, flutist, Samuel Magill, cellist, and Mélanie Genin, harpist, began performing in the 2017-18 season to enthusiastic and sold-out audiences. In 2020 the trio relocated to Greensboro and have been performing with harpist Grace Ludtke.



Peacehaven Community Farm tour and Red Oak Brewery tour and dinner Friday, June 14, departure time 2:15 PM

Peacehaven was founded in 2007 to serve adults with intellectual and developmental disabilities. Today they are reaching people of all ages and abilities with programs and resources for anyone who believes in the dignity and perspective of everyone. At Peacehaven, they build community by re-imagining collaboration. We will have a guided tour of their facility.



We will then board the bus and head to Red Oak Brewery for a tour. Dinner will follow and be on your own from several offerings at the brewery.

Peacehaven is free. The Red Oak Brewery tour will be \$25 per person and \$15 for previous military. Your ticket will be charged to your Well-Spring account after the event. Please register on the new portal by Wednesday, June 5.

Eastern Music Festival begins in JUNE



Well-Spring will provide free transportation to each Saturday evening 2024 Festival Orchestra Series concert.



For six decades, Eastern Music Festival (EMF), a nationally recognized classical music festival and summer educational program, has been produced on the campus of Guilford College, UNCG and other venues in Greensboro, North Carolina. EMF provides encouragement and guidance to over 265 young musicians from across the country and around the globe as they take pivotal steps towards careers in the performing arts. *Soloists include:*

| | | |
|---------------------------------------|-------------------------------------|----------------------------------|
| Béla Fleck, banjo - June 29 | Santiago Rodriguez, piano - July 13 | Chee Yun, violin - July 20 |
| Carter Doolittle, saxophone - June 29 | Jason Vieaux, guitar - July 20 | Marika Bournaki, piano - July 20 |
| Jeffrey Multer, violin - July 6 | Amanda Forsyth, cello - July 20 | Mark Peskanov, violin - July 27 |
| Julian Schwarz, cello - July 6 | | |

**Tickets: easternmusicfestival.org/tickets/. You must register on the new portal to reserve your seat on the bus.*

Creative Greensboro presents *THE MUSIC MAN* by Meredith Willson
June 27-30 • 7:30 PM

The Music Man is family entertainment at its best. Meredith Willson's six-time, Tony Award-winning musical comedy has been entertaining audiences since 1957 and is a family-friendly story to be shared with every generation.

The Music Man tells the story of Harold Hill, a traveling salesman who convinces the townspeople of River City, Iowa, to buy instruments and uniforms for a boys' band he'll organize. Hill has no musical knowledge or skill, but he promises to train the members of the band. The musical is set in 1910s Iowa and is described as wicked, funny, warm, romantic, and touching. Well-Spring residents will receive a discount when tickets go on sale later in June. Watch the portal for more details!



St. Francis Spring Prayer Center Retreat / (New Date) June 11

Join resident David Partington and Well-Spring neighbors for a few hours of quiet retreat. A gracious lunch will be served, which is an expression of the beautiful hospitality that envelops all guests at St. Francis Springs. We will depart at 9:00 am and return by 3:00 pm. The cost is \$25.00 for the day. Give yourselves a treat to nurture your heart and soul and register on the portal. Contact David Partington with any questions at dcpsbw197@gmail.com.



RESIDENT PERFORMING AND VISUAL ARTS COMMITTEE

New resident display in the Virginia Somerville Sutton lobby!

Peter and Nancy Peiffer are sharing their Paperweight Collection, which was started by Peter's father, Frank. Peter and Nancy have added unique pieces from their own travels, making this display a don't miss. Take a close look...how many animals do you see? Or fish? How about the ones with air bubbles or flowers? Which is your favorite?



SPRING RAISED-BED GARDEN PARTY

The Raised-Bed Garden Committee cordially invites all residents to attend our Spring Garden Party in our Raised-Bed Garden on **Wednesday, June 5 at 4:00 pm**. Please come and stroll through the garden and observe the creativity and productivity of our gardeners — lots of flowers and vegetables to see! Light refreshments will be served. Look for the tent.



AQUATIC AND FITNESS CENTER



The Longest Day Part 1: Courtenay O'Donoghue, program director with the Alzheimer's Association, will present *Advances & Updates in Alzheimer's* along with Lifestyle Intervention and Brain Health. Join us for this educational seminar on Wednesday, June 12 at 1:30 p.m. in Florence Phillips Hall.

The Longest Day Part 2: The Alzheimer's Association encourages people around the world to participate in an activity for awareness. We will be going to Kersey Valley Zipline & Lunch at Peppermill Café on Thursday, June 20, departing the main entrance at 9:00 a.m. The Coach Tour includes flight school and 10 different zip lines. This experience lasts 90 minutes to 2 hours and is \$55 per person. Your account will be charged. Please register in the new resident portal.

There will be an AFC Committee Meeting on Wednesday, June 5, at 1:00 p.m. in the fitness classroom. All committee members please plan on attending.

Bryan Park Golf will take place on Thursday, June 6, departing Main Entrance at 8:30 a.m. for a 9:30 a.m. tee time. Please register in the new resident portal.

Our Spring Putting Champion is David Teal who shot a 34 (18 holes)! Congratulations!



AFC has a few shout-outs! Harriet Jones shot a hole in one at Iron Play Golf Course on April 26. She did this amazing feat on the third hole from 125 feet. Harriet is the only female resident to ever win the putting competition on campus at Well-Spring. Way to go, Harriet!

Congratulations to Frank Cashwell, Glenna Guarino, Dick Rosen and Dot Sowerby for placing in the Greensboro Senior Games. Frank medaled 1st place male age group 80-84 in the 5K race walk and the 1500-meter race walk. Glenna medaled 1st place female age group 95+ in the 50-meter and 100-meter run. Dick medaled 1st place male age group 90-94 in basketball shooting, softball throw, 50-, 200-, 800-meter run, 1500-meter power walk, 5K power walk and 10K run, 2nd place in tennis singles, 100- and 400-meter run. Dot medaled 1st place female age group 90-94 in the shot put, 50-, 100-, 200-, 400-, 800-, and 1500-meter run. Thank you for representing Well-Spring. We are proud of you!



- Keep Moving, Robin



Robin McCloskey
rmccloskey@well-spring.org / 336-545-5469

Fourth Tuesday Discussion **June 25, 11:00 AM / Florence Phillips Hall**

June's topic will be *Genealogy 101* by Cindy Ebert Rayburn, professional genealogist. Want to learn how to build and preserve your family history? This program will cover the basics and what you need to know to preserve and archive your historical documents and photographs. Cindy is the daughter of Well-Spring resident Barbara Ebert.



AQUATIC AND FITNESS SCHEDULE

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

| | | | | | |
|---------------|----------------------|---------------------------|----------------------|----------------|----------------------|
| 7:50 - 8:30 | | AQUACISE | | AQUACISE | |
| 8:00 - 8:40 | AQUACISE | | AQUACISE | | AQUACISE |
| 8:45 - 9:15 | | WELL-BALANCED | | WELL-BALANCED | |
| 9:25 - 10:25 | | YOGA | | YOGA | |
| 9:30 - 10:00 | CHAIR FIT 2 | | CHAIR FIT 2 | | CHAIR FIT 2 |
| 10:05 - 10:45 | CARDIO FIT | | CARDIO FIT | | CARDIO FIT |
| 10:30- 11:00 | | CHAIR FIT 1 | | CHAIR FIT 1 | |
| 11:10- 11:45 | | LIGHT AQUACISE | | LIGHT AQUACISE | |
| 11:00- 11:40 | FLOW AND FLEXIBILITY | | FLOW AND FLEXIBILITY | | FLOW AND FLEXIBILITY |
| 11:15- 11:45 | | | | | |
| 12:00- 1:00 | | | | | |
| 1:15- 2:00 | | OPEN POOL | | OPEN POOL | |
| 1:30- 2:00 | | *ARTHRITIS CHAIR EXERCISE | | | |
| 2:00- 4:00 | | | | | TABLE TENNIS |

June & July

*FLORENCE PHILLIPS HALL

CLASS DESCRIPTIONS

Aquacise—(2-3) A great way to jump-start your morning! Water workout combining cardio and strength training.

Arthritis Chair Exercise—(1) A class designed to loosen the joints and help with symptoms of arthritis.
*Located in Florence Phillips Hall

ChairFit 1—(1) Great for those just starting (or re-starting) a fitness program. Most exercises are performed seated with chair-assisted standing strength and balance work.

ChairFit 2—(2) This moderately intense class focuses on total body functional movements. You will gain muscular strength and cardiovascular benefits. Seated and standing exercises performed.

CardioFit—(3) Great for the experienced exerciser desiring more challenging full body movements. Low impact cardio exercises will be performed standing. Strength training or floor exercises done standing and seated.

Flexibility & Flow—(1) A class focusing on breath, core control, flexibility and joint movement.

Light Aquacise—(1-2) A gentle water workout designed to improve range-of-motion and joint function.

Open Pool—No buddy required. Pool is supervised and open for you to swim, walk or splash around!

In-Formed Fitness (not on calendar)—Schedule a time with Robin to perfect your fitness routine. Overall form and technique will be assessed, and proper instruction will be given on how to use the fitness equipment.

Table Tennis—Touted as the best sport for preventing early-stage Alzheimer's and dementia. Join Sid Cutbill for a pleasurable game that will stimulate your brain and enhance your hand-eye coordination. All levels welcome and all will benefit, even those with limited mobility. Call Robin for a time slot.

Well-Balanced—(2) A balance class focusing on exercises that improve lower body strength and flexibility, core strength and posture. You will be moving more efficiently and with a spring in your step!

Yoga—(2) Stretch the body while improving muscle strength and balance. Moves can be done standing or on mat.

Robin McCloskey– Wellness Director

336-545-5469

rmccloskey@well-spring.org

Difficulty Level indicated: (1)=most basic (2)=intermediate (3)=most advanced.

HEALTH CARE

MAKING A DIFFERENCE FOR OUR FUTURE GENERATIONS



At Well-Spring, it is very important to have a positive impact on our local community and have a hand in impacting the future leaders of health care. As part of this effort, Michael Jones (Director of Health Services) spoke to the health care management Club at High Point University.

Michael spent time talking with the students about the educational background required to work in health care management and specifically what is required to become a

licensed Nursing Home Administrator. The students had a lot of questions about the various senior living settings (Independent Living, Assisted Living, Skilled, Memory Care and Rehab).

Ample time was used discussing the work responsibilities of an administrator to include the overall importance of balancing your time to focus on the needs of the residents, their families and the team members. The students were surprised to learn the level of regulatory oversight in Skilled Nursing by the government. Their eyes got big when they were introduced to the 1000-plus page book that serves as a guide to the department administrators.



The students had the opportunity to hear about the services offered at Well-Spring. They were able to get a better understanding of what it means to have excellent health care services, top-tier customer service and life enrichment activities that exceed the need.

-Submitted by Michael A. Jones, Director of Health Services



Frank Reid Brown Clinic
Call
336-545-5440
for appointments

Podiatry Clinic
Dr. Kevin Henry
Tuesday,
June 18

Dermatology Clinic
Deonna Faucette, PA-C
Wednesday,
June 19

Dental Clinic
Access Dental Care
Thursday,
June 20

Hearing Clinic
Dr. Eneida Agolli
Wednesday,
June 12

HEALTH CARE *Highlights*

HealthRHYTHMS

Thursday, June 6, at 11:00 AM
Willow Way Gathering Room



Designed specifically for individuals with dementia, HealthRHYTHMS is a fun, evidenced-based activity that promotes social interaction and ensures a healthy, nonstrenuous workout. Led by John Beck, Department Chair of Percussion at UNCSCA, this drumming circle creates a supportive environment to build camaraderie, self-respect and respect for others.



Loose Canon - Monday, June 10, at 4:00 PM / Richardson Auditorium

Loose Canon is a recorder group who got together by Zoom during COVID, although they did not officially name themselves until a year or so later. The six members– Jacqueline Cantor, Sam Fouts, Anne Fragola, Constance Kotis, Susan Samuelson and Emily Talbert– practice weekly sharing music, ideas, instruction, moral support and more! Loose Canon has played at many churches, schools and businesses. Last fall they played at Ambleside Gallery on Elm Street. You probably remember you or your children playing the recorder in elementary school. This ensemble promises their performance is much more than “Hot Cross Buns!” Join us and see!



Health Care Ladies Luncheon - Wednesday, June 19, at 12:00 PM / Private Dining Room

Calling all ladies who live in Health Care! You are invited to a Ladies Luncheon in the Private Dining Room. If you are lucky, you may win a raffle prize! Please sign-up with Hayley Wingard or Holly Daas by Wednesday, June 12.

Menu: Cup of chilled cucumber soup with dill and sour cream / Warm, creamy chicken in pastry cup / Petit garden salad, olive oil and lemon / Scoop of vanilla ice cream with a warm sugar cookie and fresh strawberries.

Fun in Eastern NC - Ayden, Aurora and New Bern with Cindy Rayburn Tuesday, June 25 at 4:00 PM / Richardson Auditorium

Please join Cindy Rayburn as we travel to Eastern North Carolina, from whole hog BBQ in Ayden, to ancient fossils in Aurora, ending our journey in the home of the bears in New Bern. It will be both educational and fun!

Summer Auction - Friday, June 28 at 10:45 AM / Sycamore Square Living Room

Going once...going twice...SOLD! Back by popular demand, our summer auction will showcase an array of decor, treats and personal items. No money is needed to participate. Just simply show up and let the fun begin!

Ophthalmology Clinic
Dr. Christine McCuen
Call for appts: 336-274-4626

Piedmont Senior Care
Dr. Gupta or Christy Wert
336-544-5400
for appointments

Satellite Office / 3rd Floor
Monday, Wednesday,
Thursday, Friday:
9:30 AM – 10:30 AM
Tuesday: 10:00 AM - 10:30 AM

Counselor: Donna Tessitore
336-545-5356
Massage Therapy: Angela Dorsey
336-392-2548

MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

Used as designated by the donor; undesignated funds are used at the discretion of the Well-Spring Board of Trustees. Donations shown here were received as of April 1-30, 2024.

Grounds Beautification Fund

Gail & Gene LeBauer

Music Fund

Judy Hyman

In Memory of Nan Bayersdorfer

Benevolent Trust Fund

Jean & Ralph Davison

Susan & Jim Melvin

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Carol Pope

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Joan Sherrill

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In Honor of Trip Brown

Benevolent Trust Fund

Catharine & Ken Sisk

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Benevolent Trust Fund

Catharine & Kenneth Sisk

In Memory of Don Darnell

Benevolent Trust Fund

Joan Sherrill

MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

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In Honor of Jean Davison

Employee Assistance Fund

Anne & Steve Fleming

In Memory of Mike Joyce

Benevolent Trust Fund

Miriam Hamill

Janet Holbrook Hanner

Alan Tutterow

In Honor of Steve Joyce's Special Birthday

Employee Assistance Fund

Judy Hyman & Dick Rosen

In Memory of Marie Kellenberger

Benevolent Trust Fund

Janet Holbrook Hanner

Alan Tutterow

In Memory of Jane Locke

Benevolent Trust Fund

Janet Holbrook Hanner

Evelyn Sturm

Alan Tutterow

In Honor of Sarah McKinney

Residents Gratitude Fund

Bobbie Carter & Don Overman

In Memory of Barbara Padgett

Benevolent Trust Fund

Janet Holbrook Hanner

Alan Tutterow

In Honor of Bob Powell

Employee Assistance Fund

Anne & Steve Fleming

In Memory of Robert Rapp

Benevolent Trust Fund

Janet Holbrook Hanner

Alan Tutterow

In Memory of Jeannette Rosenbaum

Benevolent Trust Fund

Miriam Hamill

In Memory of Ken Smith

Employee Assistance Fund

Joe Gelzer

Residents Gratitude Fund

Louise & Bill Latture

Well-Spring Solutions General Operating Support

Kathy Cates

Pamela & Barry Smith

Donations and/or questions may be forwarded to:
Alan Tutterow, 4100 Well Spring Dr., Greensboro, NC
27410

Or reach Alan at atutterow@well-spring.org
336-545-5418. Well-Spring is a 501(c) organization and
contributions are tax deductible.

Our Residents



| | | | | | |
|----|------------------|----|-------------------|----|------------------|
| 1 | Sarah Partington | 11 | Sam Doyle | 20 | Roger Sutton |
| 1 | Ellen Kellogg | 12 | Honor Jones | 21 | Susan Jackson |
| 2 | Nancy Madden | 13 | Joan Sherrill | 22 | Heath Carrier |
| 4 | Ann Hunt | 13 | June Bergstein | 23 | Vicki Steck |
| 4 | Jay Gwatkin | 13 | Nancy Fogarty | 25 | Bob Hunt |
| 7 | Lois Magid | 14 | Martha Joe Gelzer | 27 | Al Snider |
| 7 | Phyllis Brinkley | 16 | Duilla Harkins | 27 | Jerry Ruskin |
| 8 | Pam Sprinkle | 17 | Doris Kiser | 29 | Debbie Fritz |
| 8 | David Sprinkle | 18 | Elizabeth Kohn | 29 | Mandy Ryan |
| 8 | Steve Fogarty | 19 | Carolyn Russell | 29 | Lois Wret |
| 9 | Janet Royer | 20 | Don Davis | 30 | Charlotte Walker |
| 11 | Evie Sturm | 20 | Rip Bernhardt | 30 | RB Arthur |



Happy Anniversary!

| | | | |
|-------------------------|-----------|-------------------------|-----------|
| Pam & John Rice | 6/01/1970 | Ruthie & Harold McLeod | 6/15/1958 |
| Judy & Dan McGinn | 6/03/1965 | Anne & Dale Whitfield | 6/15/1958 |
| Pam & David Sprinkle | 6/03/1967 | Mary Hart & Don Orr | 6/17/1965 |
| Rascha & Bob Kriegsman | 6/08/1958 | Jeanne & Ches Singleton | 6/19/1954 |
| Susan & David Jackson | 6/08/1970 | Susan & Bill Fraser | 6/20/1959 |
| Judi & Tony Labath | 6/08/1991 | Joan & Sam LeBauer | 6/22/1963 |
| Nancy & David Bray | 6/09/1962 | Marnie & Jerry Ruskin | 6/23/1963 |
| Elaine & Tom Wright | 6/09/1956 | Lou & Buzz O'Brien | 6/24/1961 |
| Catharine & Ken Sisk | 6/10/1961 | Ellen & Bob Kellogg | 6/26/1955 |
| Margie & Jack Kepley | 6/11/1960 | Sandra & Erwin Goldman | 6/27/1954 |
| Wendy & Bill Korb | 6/11/1962 | Marty & Walt Ulmer | 6/28/1952 |
| Carolyn & Harold O'Tuel | 6/11/1960 | Pat & John Clark | 6/28/1960 |
| Gail & Gene LeBauer | 6/13/1964 | Donna & Jerry Highsmith | 6/30/2012 |
| Sam & David Wyrick | 6/13/2015 | | |

Our Team

- 1 Jeremy Lane, Security
- 3 Lauren Clark, LPN - Skilled Nursing
- 3 Keshia Lewis, CNA
- 3 Annie Villamonte, AL Server
- 4 Teresa Adams, CNA
- 4 Kayla Iott, IL Wait Staff
- 6 Daisy Allen, HC Admin Staff
- 6 Erika Gabriel, Social Worker
- 6 Maria Mondragon, Housekeeping
- 7 Gail Atkins, Housekeeping
- 7 Genevieve Filomeno, AL Server
- 7 Silence Lee, CNA - Skilled Nursing
- 8 Jenna Gray, AL Server
- 8 Chantal Koffi, CNA
- 9 Melissa Mahadeo, CNA - Skilled Nursing
- 10 Stephen Fleming, CEO
- 10 Scott Hinshaw, Chief Technology Officer
- 11 Chelsea Martin, WSHC CNA
- 13 Connie Moore, WSHC CNA
- 14 Clinton Williams, Security
- 15 Devika Gurung, CNA - Skilled Nursing
- 15 Paris Whitsett, Housekeeping
- 16 Erin Eder, Skilled Nursing Supervisor
- 16 Michelle Kisslo, IL Wait Staff
- 17 Sheena Farrah, CNA - Memory Care
- 17 Madeline York, IL Wait Staff
- 18 Ashley Wilson, CNA - Skilled Nursing
- 19 Stuart Smith, Events
- 21 Liam Conover, CNA - Skilled Nursing
- 21 Tammy Tiley, Med-Tech - Assisted Living
- 22 Elsie Abaka-Mensah, IL Wait Staff
- 23 Shanita White, Security
- 24 Courtney Kendrick, CNA - Skilled Nursing
- 24 Leah Merritt, WSHC in Home Aid
- 24 Patrick Michael, Security
- 25 Beverly Addison McCoy, CNA - Memory Care
- 26 Laureen Haviland, Communications Specialist
- 26 Elisha McCloskey, Assistant Dining Room Manager
- 27 Catherine Codd-Sligh, Director of Human Resources
- 29 Ashly Estrada, CNA - Skilled Nursing
- 29 Shelby Nelson, CNA - Skilled Nursing
- 29 Marilyn Shackelford, Administrator In Training
- 29 Michael Smith, Events
- 29 Nallely Suate-Gallegos, Diet Tech
- 30 Katherine Boland, IL Wait Staff
- 30 Kountchapou Nakpane, CNA - Skilled Nursing





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