Broadway to **GREENSBORO**

Tony Award-winner **Beth Leavel** will next be seen starring as Miranda Priestly in the new Broadway musical, *The Devil Wears Prada*, music by Elton John. Most recently, Beth was nominated for a 2019 Tony, Drama Desk, Drama League, and Outer Critics Circle award for her performance as DeeDee Allen in the critically acclaimed Broadway show *The Prom*. She received Tony, Drama Desk, NY Outer Critics Circle and L.A. Drama Critics Awards for her performance as the title character in *The Drowsy Chaperone*; as well as Tony, Drama Desk, and Outer Critics Circle nominations for her role as Florence Greenberg in *Baby It’s You*.

Other Broadway roles include Mrs. June Adams in *Bandstand*, Emily in *Elf*, Donna in *Mamma Mia!*, Flrau Blucher in Young *Frankenstein*, Dorothy Brock in the revival of *42nd Street*, Tess in the original company of *Crazy for You*, Mrs. Bixby in *The Civil War*, Ellie in Hal Prince’s *Showboat*, and Anytime Annie (Broadway debut) in *42nd Street*. Numerous TV, most recently *The Walking Dead* (AMC) and *The Bite* (Spectrum). Beth’s one-woman cabaret, *It’s Not About Me*, has played across the country to rave reviews and sold out venues.

**SATURDAY, SEPTEMBER 16, AT 7:30 PM**

**AND MASTERCLASS SEPTEMBER 15**

10:00 AM - 12:30 PM

TICKETS $16 • [www.TicketMeTriad.com](http://www.TicketMeTriad.com)

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**Coming Soon!**

**David Thomas Brown**

Elder Price in “The Book Of Mormon” and much more!

**Faith Prince**

Known for her role as Ms. Adelaide in “Guys and Dolls” and other roles and shows.

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He looks like John Denver. He sounds like John Denver. It’s Ted Vigil in concert singing all the songs you know by heart!

**JOHN DENVER MUSICAL TRIBUTE BY TED VIGIL**

August 24, 7:30 PM

TICKETS $16-$20 • [www.TicketMeTriad.com](http://www.TicketMeTriad.com)
**LIBRARY News** by N. Balderaccchi, Library Committee Member

**NOVELS**
*The Tracker* by Charles Frazier
Val Welsh traveled westward for a job he landed with a wealthy art collector who owned a sprawling ranch in a small town in Wyoming. The characters Val meets are wild and shady ply formidable secrets to find out.

*The Wedding Planner* by Danielle Steel
Faith Ferguson, a most sought-after wedding planner, appreciates the most dazzling ceremonies as well as the least expensive. Having had her own failed engagements, she survives by helping relatives. In the near future, she meets a great guy, but the journey will prove that there is not only one path to happily ever after.

**MYSTERY**
*On the Line* by Fern Michaels
Mateo Castillo, rising Manhattan star chef, is about to reap rewards of his skill and hard work when he collapses. Fortunately, he was found by a security guard and survives. The family fled from Columbia seeking refuge from evil cartels. Thus, more questions than answers.

*Identity* by Nora Roberts
Morgan and roommate Nina have an apartment together in order to make ends meet. Morgan and Nina gave a dinner party at the apartment, inviting a flirtatious guy and con artist. After a break in, with money and car missing, Morgan knew this same guy would be after her as he was the killer of Nina.

*The Final Adventures of Sherlock Holmes-Collector of remaining Short Stories* by Peter Haining
Missing items, stories, plays, poems unearthed, published together in this volume remaining accounts of Sherlock Holmes.

**The Library Committee appreciates your donations of books!**
REMEMBER:
No coffee table books, textbooks, study books, or books in which you have underlined or written. Currently, we cannot accept bulk donations.
Thank you for remembering to check out any book you are going to read, reading it in a timely fashion and returning it for others to read.

*The Well-Spring Book Club has an interesting array of books that will be discussed in the coming months!*
August 28 - *Lilac Girls* by Martha Hall Kelly; September 25 - *Greater Journey* by David McCulloch; October 23 - *Dinners With Ruth* by Nina Totenberg; November 27 - *Immortal Life of Henrietta Lack* by Rebecca Skloot. The Book Club meets in the Private Living Room at 2:30 pm the fourth Monday of each month. All residents are welcome to attend.
BROADWAY TO GREENSBORO ANNOUNCES ROBUST 2023-24 SEASON LINEUP ...WITH AN EXCITING NEW TWIST!

We are excited to unveil the lineup of the next season of our Broadway to Greensboro concert series, once again bringing premier performers into your home! In addition, there’s a fun, new change to further enhance residents’ experience.

Our program – made possible by the generous support of Sue Irvin and her late husband, John – creates a partnership between Well-Spring, the UNCG Musical Theatre program and students at other area schools, in which an established Broadway performer gives a concert at Well-Spring as well as teaches a masterclass for the students. In addition, a fourth concert is performed, this time by the students themselves, showing off their own burgeoning talents. Proceeds from that performance support the UNCG Musical Theatre program.

OUR NEW SEASON LINEUP
Beth Leavel: Masterclass 9/15, Concert 9/16
Dave Thomas-Brown: Concert 10/5, Masterclass 10/6
Faith Prince: Concert 1/25/24, Masterclass 1/26/24
Visit www.ticketmetriad.com for information on ticket sales.

In an exciting change, this year each masterclass offered to students will take place here in The Virginia Somerville Sutton Theatre, giving residents the unique opportunity to watch these talented Broadway performers work with young people who have dreams of following in their footsteps!

Participating Schools:
UNCG
UNC School of the Arts
Elon University
Greensboro College
*Weaver Academy

*Invited to observe Masterclass and given 15 tickets per concert.
The Dining team has been hard at work revising menus, including writing and testing new recipes in our never-ending quest to provide you the best products and food we can.

Two special items of note: First, on August 1, we will host Afternoon Tea; make sure you sign up soon, as space is limited.

Secondly, we know all the buzz around dining has been focused on the new menu formats in the Weaver Dining Room. But let’s not forget we have some exciting menu changes happening in the Bauman Bistro, also. House-smoked pulled pork, fried okra, smoked brisket, new burgers and sandwiches such as a French dip, Cuban and “lettuce” not forget the classic BLT, plus new salads and a new bowl item that is totally vegan (and very healthy).

We look forward to seeing you and hope you enjoy the new items we are debuting!

—By Todd Dumke / Director of Dining Services

### Afternoon Tea

**Tuesday, August 1, 2:30 - 4:00 PM**  
**Private Dining Room/ Private Living Room**

**Savouries**  
Cucumber cream cheese  
BLT – mayo, bacon, arugula, thinly sliced grape tomato  
½ Roma tomato filled with chicken salad

**Scones/Biscuits**  
Assorted scones with strawberry jam or clotted cream  
Mini croissants

**Sweets**  
Mini eclairs,  
Mini petit fours  
Macrons

**Beverages**  
Earl Grey, chai tea, chamomile, English breakfast

1 meal credit or $25.00. Please make your reservations on the Resident Portal.  
We are limited to 30 people for this event.
FRIDAY, AUGUST 11, 4:00 PM
SPECIAL OCCASIONS ROOM

Come join us on our journey to learn about and taste the wines of South Africa. Wines were first produced in South Africa in the seventeenth century using techniques brought by European settlers. Today South African wines are largely produced in the Western Cape region and use a wide variety of full-bodied savory red grapes and rich fruity white grapes. South African wines are of good quality, reasonably priced and available in the USA. Registration is available on the Resident Portal or through the concierge and will be limited to 36 participants.

Well-Spring account will be charged $10 to cover the cost of the wine. If after registering you are unable to attend, please cancel your registration in the “My Events” section of the portal.

**August Outings**

Breakfast Club – August 4, 8:00 AM – Green Valley Grill
Lunch Bunch – August 16, 11:00 AM – The Cheesecake Factory
Supper Club – August 31, 5:00 PM – The Claddagh

**September 23 - 29, 2023**

• Travel by Black Tie Bus (with restroom)
• Choose your adventure (based on desired activity level)
• Transportation - $250 per person
• Hotel - $300 per night, double occupancy

*Non-refundable deposit of $250 per person by August 19.*
Residents at Well-Spring make a lifelong commitment to living here. While Well-Spring, through team members, provides important and vital services and programs to enrich the lives of residents, the Residents Association strives to engage individuals in the life of the campus and to create a sense of community. Well-Spring and the Residents Association have mutual goals and interests in creating and maintaining a positive and energetic living environment.

All residents are members of the Well-Spring Residents Association. Association Officers, Area Representatives, and Committee Chairs/Co-Chairs make up the Residents Council, which meets on a regular basis to discuss various aspects, interests and concerns of the community.

The purpose of the Association is:
• to communicate the interests of the residents
• to promote an understanding of administrative policies and procedures among residents
• to encourage resident interaction and participation

Residents will serve in various capacities for two-year terms running from July 24, 2023, to the Residents Association meeting in July 2025.
INTRODUCING THE NEW
Entertainment Booster Fund

Well-Spring has philanthropic funds to support various projects and activities here at the Life Plan Community. These include the Chaplain Fund, Grounds Beautification Fund and George Galvin Wait Staff Scholarship Fund, just to name a few. All enrich life at Well-Spring, as will the new Entertainment Booster Fund.

The Entertainment Booster Fund has been established to – on occasion and as special opportunities present themselves – enhance the entertainment and performances occurring at Well-Spring. Upcoming performances that will be supported in full or partially by The Entertainment Booster Fund include **John Denver Tribute with Ted Vigil** and **Fall Social Luau’s** entertainment.

ESCAPE TO A SPECIAL TROPICAL PARADISE with Ronnie Tsunami & The Wave Riders in their one-night special, "Dancin’ in Paradise." Harnessing the rhythmic beats of island classics from legends like Bob Marley and Jimmy Buffett and merging them with their own sun-soaked original compositions, this band expertly cultivates an authentic and lively island/tropical music experience that transports you right from the Carolinas to an exotic beach front.

Adding to the tropical allure of the show, the Aloha Island Hula Girls will share their enchanting hula performances encapsulating the Hawaiian charm and enhancing the island atmosphere.

THE MUSIC OF JOHN DENVER LIVES ON through the music of Ted Vigil, a man who closely resembles John both physically and musically, as he honors this colossal music icon. Ted is honored to once again bring the great compositions and hits of John Denver to audiences across America. Ted is not an impersonator, but rather sings a tribute to this great man. People miss John Denver; Ted Vigil is doing his best to pay homage. His gift for the music and polished and energetic performing style presents a warm and delightful evening through some of the world’s most popular music.

FUND DETAILS
If you would like to learn more about the fund or make a contribution to the fund, please contact Alan Tutterow, Director of Philanthropy at atutterow@well-spring.org or 336-545-5418.
A SPECIAL REUNION

Greensboro attorney Patti Ramseur, left, stands with two Well-Spring residents, Judge Ralph Walker and his wife, Charlotte. Ramseur is the new president of the N.C. Bar Association. Ramseur made a special request for Judge Walker to administer the oath of office to her because she clerked for him many years ago. She recognized and thanked Judge Walker for being an excellent mentor and role model for her and many other attorneys who he positively influenced during his career.

We have a new installation in the theatre lobby display cases! The Resident Performing & Visual Arts Committee chose resident, Joyce Brannon, to display her husband’s collection of banks.

AN O.HENRY CELEBRATION
STORIES & SONGS

Featuring Greensboro Opera

SEPTEMBER 7 & 8, 7:30 PM • SEPTEMBER 10, 2:00 PM

Tickets $16-$20
www.TicketMeTriad.com

Nice to meet you!

In May, Well-Spring resident Mike Clark interviewed one team member and one resident to introduce them to all of us! This ongoing series, exploring the rich experiences of those in the Well-Spring community, will continue in October!

Mike Clark (resident, interviewer)
David Partington (resident)
Chasity Mark (Healthcare Services)
Sponsored by Well-Spring’s Cultural Connections Committee.
Mike Clark (resident, interviewer)
David Partington (resident)
Chasity Mark (Healthcare Services)
Sponsored by Well-Spring’s Cultural Connections Committee.
**ART ALERT**

**FUN WITH WATERCOLOR WORKSHOP**
**BY ARTIST KEN HOBSON**
**Art Studio #1 / Friday,**
**September 8, 9:30 AM – 3:30 PM**

Immerse yourself in nature as we focus on painting the elements of landscapes: trees, mountains, dramatic skies, flowers and much more. Ken will do many demos and one on one guidance in a fun encouraging class.

Details: Class size is limited to 10. The class fee is $45 if all 10 spots are filled (the lower the participants, the higher the fee.) Due to the nature of this class, the artist has specified only certain supplies be used. Most of the supplies we have in the art studio, however, the paint will need to be purchased. The paint will be yours to keep and $70.00 will be charged to your account. This workshop is from 9:30 am - 3:30 pm with a break (lunch will be on your own.) Please register on the Resident Portal by 8/28/23.

Ken Hobson is an award winning watercolorist. Ken is originally from Michigan and has lived in North Carolina since 1987. Following a 30-year career as an Illustrator working with advertising agencies and design firms, Ken transitioned into full time painting specializing in watercolor. He has a passion for teaching and for the past 10 years has been a sought after workshop instructor with over 100 workshops to date. Ken has exhibited in over 25 shows. He is a graduate of Kendall College in Grand Rapids, Michigan.

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**EVENTS & FITNESS HAPPENINGS**

**It’s CINEMA Time**
**EVERY SATURDAY IN AUGUST**

- **My Fair Lady**
  August 5 • 2:00 PM

- **North by Northwest**
  August 12 • 2:00 PM

- **Some Like it Hot**
  August 19 • 2:00 PM

- **Quartet**
  August 26 • 2:00 PM

Complimentary popcorn and soda!
AFC Strength
Strength training is key to maintaining mobility, balance, and range of motion as you get older. You may find your balance improves, your walking pace is faster, and climbing stairs will be less difficult, so you are less likely to fall. Need more information? Let’s talk!

Classes will operate on a reduced schedule August 7-11. Ashley Stokes will be teaching the following:
Monday, Wednesday & Friday: Aquacise- 8:00–8:40 AM / Cardio Combo- 9:00 – 9:40 AM / Flexibility & Flow - 10:00 – 10:40 AM

Please join us for an evening of Line Dancing with instructor Leigh Hamilton on Friday, August 18, from 7:00 – 8:30 p.m.

It’s time to make those posters and get the pom poms ready for the Cardboard Boat Regatta! Everyone is invited to the AFC pool on Friday, August 25, at 1:30 p.m. to have fun, refreshments and root on your favorite team.

AFC NEEDS TEAMS to BUILD BOATS! See Robin for a copy of the Regatta Rules
• Please turn in team member names and boat name to Robin by Tuesday, August 15

Keep Moving, Robin  Robin McCloskey • rmccloskey@well-spring.org • 336-545-5469

Looking back on the fun! 2021 Cardboard Regatta Boat Race
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<th>Time</th>
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*FLORENCE PHILLIPS HALL
Arthritis Chair Exercise— (1) A class designed to loosen the joints and help with symptoms of arthritis.
*NEW CLASS located in Florence Phillips Hall

ChairFit 1—(1) Great for those just starting (or re-starting) a fitness program. Most exercises are performed seated with chair-assisted standing strength & balance work.

ChairFit 2—(2) This moderately intense class focuses on total body functional movements. You will gain muscular strength & cardiovascular benefits. Seated and standing exercises performed.

CardioFit—(3) Great for the experienced exerciser desiring more challenging full body movements. Low impact cardio exercises will be performed standing. Strength training or floor exercises done standing and seated.

Flexibility & Flow—(1) A class focusing on breath, core control, flexibility, and joint movement.

Well-Balanced—(2) A balance class focusing on exercises that improve lower body strength and flexibility, core strength, and posture. You will be moving more efficiently and with a ‘spring’ in your step!

Aquacise—(2-3) A great way to jump-start your morning! Water workout combining cardio and strength training.

Light Aquacise—(1-2) A gentle water workout designed to improve range-of-motion and joint function.

Open Pool— No buddy required. Pool is supervised and open for you to swim, walk, or splash around!

Table Tennis—Touted as the best sport for preventing early-stage Alzheimer’s & dementia. Join Sid Cutbill for a pleasurable game that will stimulate your brain and enhance your hand-eye coordination. All levels welcome and all will benefit, even those with limited mobility. Call Robin for a time slot.

Orientation (not on calendar)—Schedule a time with Robin to perfect your fitness routine. Overall form and technique will be assessed, and proper instruction will be given on how to use the fitness equipment.

**Specialty Class (a small fee applies): Yoga**—(2) Stretch the body while improving muscle strength and balance. Moves can be done standing or on mat.

Robin McCloskey– Wellness Director / 336-545-5469 / rmccloskey@well-spring.org

Difficulty Level indicated: (1)=most basic (2)=intermediate (3)=most advanced.
August is National Eye Exam Month

It’s no secret that our vision worsens as we get older, whether it’s genetic or influenced by our daily activities or our surroundings. So what can you do to keep your vision sharp? As it turns out – more than you think! We’ve compiled a list of several senior eye care tips that you should follow.

1. Eat Healthy Foods - Eating vitamin C rich foods (kiwis, strawberries, red bell peppers, papayas, and oranges) as well as foods rich in antioxidants, beta-carotene and lutein (sweet potatoes, carrots, spinach, squash, broccoli and kale) can reduce your risk of age-related macular degeneration (AMD).

2. Keep Your Eyes Protected from the Sun - Direct sunlight can damage your eyes, cause various cancers, and create other health issues. Always bring a pair of sunglasses to reduce the amount of direct sunlight that your eyes are exposed to.

3. Wear Your Prescription Glasses - Prescription glasses and contact lenses are prescribed to you for a reason. Whether you are near or farsighted, you should always wear your prescription eyewear, both in and out of the sun. Not only do they help you see, but they reduce eye strain.

4. Schedule Regular Eye Exams - It’s not uncommon that you will require prescription glasses for your eyes. One of the best ways to stay on top of your eye health is to schedule regular annual eye exams.

5. Use Ample Light Indoors - Our eyes require light to process what we are seeing. Try and keep your rooms well-lit if you watch a lot of TV or read inside. This will help your eyes focus and greatly reduce eye strain.

6. Give Your Eyes A Break - If you a lot of screen time, add frequent breaks into your routine. We recommend that you take a 20-30 second break every 20 minutes. This will give your eyes a chance to relax.

7. Exercise - Improved blood flow will increase the amount of oxygen that circulates through your body — including your eyes — which can improve the quality of your vision and remove toxins in your bloodstream. It doesn’t have to be strenuous, so don’t be afraid to mix in walking, yoga and other lighter forms of exercise.

8. Stop Smoking - Smoking affects more than just your lungs, heart and other organs. The toxins smoking exposes you to can also impact your eyes.

Dr. Christine McCuen sees residents at the Well-Spring Clinic every other month and works closely with seniors to help them stay on top of their eye health. Schedule your next eye exam today by calling 336-274-4626.

—Michael A. Jones, Director of Health Services
The Best of Summer by Dr. Thomas Swenson
Saturday, August 5, 3:30 pm in the Willow Way Gathering Room & 4:15 pm in the Sycamore Square Living Room

The first half of this program celebrates the hope and joy of spring and summer through a set of dances by J. S. Bach (French Suite IV). Throughout these dances we are reminded of emotions (hopefulness, gratitude, awe) and scenes from these seasons (horn calls, a shepherd flute). The second portion of the program takes us on the journey from the cold of winter to the beginning of summer. Tchaikovsky wrote a set of twelve pieces, with each piece representing a month in “The Seasons.” The first six (January through June) bring us from a relaxing evening by the fireside, through the emerging blooms of spring flowers, and will end with an evening boat ride observing the stars.

Icarus consists of four musicians who play improvisational melodies from jazz and funk classics by Wayne Shorter, Miles Davis, Sonny Rollins, Eddie Harris and Marcus Miller.

Ward Robinson was an Infectious Diseases/Public Health physician. Now building on years of studying at the Berklee School of Music and the Miles Davis Jazz Studies Program at UNCG, he plays tenor and soprano saxophones. Paul Summerell was an executive and ICU nurse. He now finds fulfillment by playing a Fender Stratocaster guitar. Tom Gresalfi once provided psychiatric care to patients in the community. He now is the heartbeat of the band on a Fender Fretless Jazz bass guitar. Rob Hadgraft is the newest member of Icarus. Canadian borne and a successful business man, he provides the percussive pulse on drums that unites all the other members.

Motivational Magician with an Award Winning Inspirational Illusion Show! Jim as a child, performed magic, guitar, puppets on stage in theater productions. A lad with a love for entertaining. Now for the past 20+ years he’s had a full time career as an Award Winning Illusionist. He has a real eye for creative detail.

Captain Jim is Magic • Monday, August 21, 4:00 PM • Richardson Auditorium

Health Care Committee will not be meet in August.
We will resume our second Thursday of the month meetings at 2:00 pm in Florence Philips Hall, September 14.
MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

Used as designated by the donor; undesignated funds are used at the discretion of the Well-Spring Board of Trustees. Donations shown here given as of June 30, 2023

Chaplain’s Fund
Hailey Family Trust

In Honor and in Memory of Past & Present Residents
Chaplain’s Fund
Misti Ridenour

In Honor of Kathryn “Cookie” Billings
Employee Assistance Fund
Anne & Steve Fleming

In Honor of the Marriage of Christine and Trip Brown
Benevolent Trust Fund
Ches & Jeanne Singleton
Cissy Parham
Employee Appreciation Fund
Nancy & Peter Peiffer

In Honor of Sally Cone
Employee Assistance Fund
Anne & Steve Fleming

In Memory of Susan Creed
Employee Assistance Fund
Judy Hyman & Dick Rosen

In Memory of Bill Cross
Employee Appreciation Fund
Nancy & Peter Peiffer

In Honor of First Floor Office Team (Amanda, Elizabeth, Linda, Edie, and Celia)
Employee Assistance Fund
Eleanor Procton

In Memory of Aubrey Garlington
Employee Assistance Fund
Eleanor Procton

In Memory of Carol Garlington
Benevolent Trust Fund
Alan Tutterow
George Galvin Wait Staff Scholarship Fund
Ruthie & Harold McLeod
Barbara Adams Blessing Fund
Lou & Buzz O’Brien

In Memory of Marjorie Goforth
Benevolent Trust Fund
Alan Tutterow

In Honor of Robin McCloskey – Who Keeps Us Healthy and Fit!
Employee Assistance Fund
Eleanor Procton

In Memory of Sara Marshburn
Benevolent Trust Fund
Betty Case

In Honor of Leslie Martin
Well-Spring Solutions Annual Fund
Elizabeth Ellis

In Honor of April Mayberry
Employee Assistance Fund
Anne & Steve Fleming

In Memory of Joyce O’Briant
Benevolent Trust Fund
Joe Gelzer
Dawn Long
Alan Tutterow
Employee Assistance Fund
Mary Archie McNeill
Retirement Community General Fund
Fay Arnold
Ann & Ben Zuraw
MEMORIAL, HONOR & OTHER GIFTS TO WELL-SPRING

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In Memory of Dave Olson
Benevolent Trust Fund
Joan Gregory
Employee Appreciation Fund
Marnell & Deryle Bode
Nancy & Peter Peiffer
Employee Assistance Fund
Eleanor Procton
George Galvin Wait Staff
Scholarship Fund
Ruthie & Harold McLeod

Marianne & John Fouhey
E. Thomas Franklin
Diane Gabriel
Joe Gelzer
Louise & Bill Latture
Ruthie & Harold McLeod
Sam Cone & Laura O’Neal
Mamie Snider
Becky Taylor
Jean Weissburg
Barbara Adams Blessing Fund
& George Galvin Wait Staff
Scholarship Fund

In Memory of Harold McLeod

In Memory of Bill Parham
Employee Appreciation Fund
Nancy & Peter Peiffer

In Memory of Lorynn
“Tootsie” Adderholdt Pinson
Barbara Adams Blessing Fund
Dorothy Collins
Mary Giknis
Lou & Buzz O’Brien
Cissy Parham
Joan Sherrill
Ches and Jeanne Singleton
Nancy & David Teal
Benevolent Trust Fund
Alan Tutterow
George Galvin Wait Staff
Scholarship Fund
Daryl Adams
Lynn & John Black
Sally Cone
Laurie Cone

In Honor of Lynley SanGeorge and those in her first grief support group
Bridges Program
Carol Pope

In Memory of Noel von Glahn
Employee Appreciation Fund
Nancy & Peter Peiffer

Well-Spring Solutions
Annual Fund
Elizabeth Ellis
Howard Lee
Philoptochos Society
Chapter 5024

Well-Spring Solutions (WSS)
Be the Solution Fundraiser
Kathy Cates
Allison & Rob Leonard
Ann & Ben Zuraw

In Memory of Susan Shumaker
Employee Assistance Fund
Anne & Steve Fleming

With Gratitude and Appreciation of the Mentors and Team Members I’ve Worked with at Well-Spring for 30 years
Barbara Adams Blessing Fund
Misti Ridenour

In Memory of Florence Snider
Benevolent Trust Fund
Alan Tutterow
Employee Assistance Fund
Pat & Bob Sevier

In Honor of Alan Tutterow
Benevolent Trust Fund
Barbara Ebert

Donations and/or questions may be forwarded to:
Alan Tutterow, 4100 Well Spring Dr., Greensboro, NC 27410
Or reach Alan at atutterow@well-spring.org | 336-545-5418
Well-Spring is a 501(c) organization and contributions are tax deductible.
**AUGUST**

1. Harold McLeod
2. Dorothy Angel
3. Ann Baynard
4. David Jackson, Jr.
5. Jack Chatham
6. Marie Kellenberger
7. Charles Younce
8. Irene Cohen
9. Virginia Mohorn
10. Myrna Zimmerman
11. Sherry Freeman
12. Ann Freeman
13. Beth Hart
14. Trudy Krege
15. P. David Brown
16. Alan Sutton
17. Jane Sherman
18. Lillian Brady
19. Susan Fraser
20. Fay Arnold
21. Gaylord Hageseth
22. Molly Garrison
23. Terry Shah
24. Judy Hyman
25. Annie Wilkinson
26. Betty Case
27. Skip Moore
28. Dorothy Farris
29. Tommy Eckle
30. Barbara Williams
31. Evelyn Polk
32. Jean Weissburg
33. Patricia Qualls
34. Anita Eaton
35. Anne McClamroch
36. Don Orr
37. Peg Moore
38. Margaret Todd
39. Jim Murphy
40. Dot Collins
41. Marjorie Kepley
42. Nancy Guterman
43. Nancy Frazier
44. Stephanie Cashwell
45. Sue Middleton
46. Lou Bowles
47. Harold O’Tuel
48. Jean King
49. Joel Funderburk
50. Ken Sisk
51. Pat Clark
52. Betty Younce
53. Winifred R Widman
54. Susan Griswold

**Happy Anniversary!**

- **8/08/1964** Elaine & Dick Weller
- **8/13/1960** Barbara & George Garey
- **8/13/1960** Brodie & David Partington
- **8/17/1963** Ellen & Gary Taft
- **8/19/1961** Betty & Bob Gay
- **8/20/1955** Marjorie & Cecil Burkhart
- **8/23/1980** Patti & Doug Gilbert
- **8/23/1958** Nancy & Tom Beard
- **8/26/1977** Elizabeth Wallace & Mike Clark

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**JULY BIRTHDAYS**

- **8/1/1992** Nina & John Stoddard
- **8/3/1992** Anne & Bob Morehouse
- **8/4/1972** Susan & Jim Garey
- **8/5/1977** Betty & Bob Start
- **8/7/1982** Margaret & David Haas
- **8/8/1966** Mary & Carl Fitzgerald
- **8/9/1972** Patricia & Tom Garey
- **8/10/1972** Robert & Joyce Haynes
- **8/11/1962** June & Charles Wilson
- **8/12/1956** Marilyn & Tom Reynolds
- **8/13/1960** Barbara & George Garey
- **8/13/1960** Brodie & David Partington
- **8/17/1963** Ellen & Gary Taft
- **8/19/1961** Betty & Bob Gay

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**Well-Spring, A Life Plan Community**
Our Team

1 Wesley Duncan, CNA - Skilled Nursing
1 Farrah Majors, WSHC CNA
3 Katie Dannemiller, Dir. of Resident Relations
3 Jamie Barksdale, Cook
3 Donna Burge, Recruitment & Retention Specialist
3 Lorie McDowell, CNA - Skilled Nursing
3 Cindy Werner, LPN - Skilled Nursing
4 Denise Williams, HR & Accounting
5 Rokisha Rover-Simrel, LPN - Skilled Nursing
6 Norma Teagle, Housekeeping
7 Kenneth Moody, Security
7 Susan Holst, Wing
8 Jane Lawrence, Accounting Manager
8 Monique Clark, WSHC in Home Aid
9 Andria Bradshaw, Housekeeping Supervisor
9 Pamela Johnson, WSHC in Home Aid
10 Audrey Craig IL Wait Staff
11 Vered Holst, Diet Tech
14 Tena Davis, Payroll Specialist
14 Jessica Jean Pierre Rejouis, WSHC CNA
14 Edie Bryant, Front Desk/Receptionist
15 David Sims, IL Wait Staff
15 Diocelina Mondragon Aburto, Housekeeping
16 Agnella Burgess, WSHC CNA
17 Troy Cofield, Cook
17 Vickie Woods, WSHC CNA
17 Vivian Worsham, Dining Admin. Coordinator
17 Tyneesha Jackson, CNA - Skilled Nursing
18 Nichole Korb, CNA - Skilled Nursing
20 Louise Gasmena, Skilled Nursing Supervisor
20 Jessica Hunnicutt, Health Information Coordinator
20 Amanda Moore, Security
21 Rick Williams, Director of HR
22 Ashley Alcantara, AL Server
23 Rachel Cheek, CNA - Skilled Nursing
23 Danni Hayes, WSHC CNA
24 James Elder, Security
24 Nathan Payne, Kitchen Assistant
25 Kimberlin Lumpkins, CNA - Memory Care
27 Brittney Banks, Housekeeping
29 Dea'Sha Brown, CNA - Skilled Nursing
31 Barkatou Bassirou Garba, Housekeeping